

Sri Rastu



Sri Rama

My Vedic Kundali · Jyotish · Parashari and KP systems

Vedic Life Report

Year-by-year predictions, 1990 to 2090

Priya Sharma

Born 23 August 1990, 6:15 AM (UTC+5:30)

New Delhi, India

Pis	Ari	Tau Ma 1°	Gem
Aqu	Rasi (D1) Lahiri · whole sign		Can Ju 7° Ve 17° Ke 12°
Cap Ra 12°			Leo Asc 9° Su 5° Me 29°
Sag Sa(R) 25°	Sco	Lib	Vir Mo 6°

Leo lagna · Moon in Virgo, Uttara Phalguni nakshatra · Sidereal (Lahiri) · Vimshottari dasha · KP sub lords

Computer-generated report. The planetary positions are calculated precisely, and the predictions apply classical Vedic rules through software. We have made every effort to give you the best possible readings, but computer-generated predictions can contain errors and cannot weigh every factor that an experienced astrologer would consider in person. Please use this report as guidance only, and consult a qualified astrologer, doctor, financial adviser or other professional before any important decision.

वक्रतुण्ड महाकाय सूर्यकोटिसमप्रभ ।
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

*vakratuṇḍa mahākāya sūryakoṭi-samaprabha |
nirvighnaṁ kuru me deva sarva-kāryeṣu sarvadā ||*

O Lord with the curved trunk and mighty body, radiant as a million suns, remove the obstacles from all my work, always. (Traditional Ganesha prayer)

Your Life Report Card

A simple summary of your whole chart, in plain words. You do not need to know any astrology to read this page. The chapters after it explain every point in detail.

Overall life score: 7 / 10 (strong)

Your nature: Confident, generous and proud; wants respect and shines when leading.

Strongest areas: vitality and stamina, money and savings, home, property and vehicles. **Areas that need more effort:** children and family joy, education and learning.

Right now. 2026 (excellent): a very good year: use it for big steps. 2027 (mixed): a mixed year: good and slow phases alternate; job changes or promotions are likely; give extra time to rest and routine check-ups.

Life scores

Area of life	Scale	Score	Level	What it means for you
Career and status		7/10	Strong	Strong career growth and recognition
Money and savings		8.5/10	Excellent	Good earning and saving ability
Marriage and partnership		7/10	Strong	Supportive marriage and partnerships
Children and family joy		6/10	Good	Family matters need care and patience
Home, property and vehicles		7.5/10	Strong	Good chances of owning home, land and vehicles
Education and learning		6/10	Good	Learning needs focus and steady practice
Luck and fortune		7.5/10	Strong	Good luck and support from elders and mentors
Travel and foreign links		6.5/10	Strong	Good chances of travel or work abroad
Courage and self-effort		6/10	Good	Build confidence step by step
Vitality and stamina		9/10	Excellent	Good stamina and recovery
Spiritual growth		7/10	Strong	Deep faith and inner peace

Scores compare the areas of your own chart with each other. A lower score is not a bad sign; it shows where steady effort brings the best results. The health score is about stamina only, never a prediction of illness.

Best years and careful years (next 30 years)

Best years ahead	Age	Good for	Years to go carefully	Age	Take care of
2026	36	home or property	2028	38	Saturn's testing phase: keep things simple; take care of health
2032	42	money gains, home or property	2029	39	Saturn's testing phase: keep things simple; take care of health
2040	50	home or property	2039	49	Saturn's 7½-year test period (Sade Sati): slow results; take care of health
2046	56	career growth, money gains, home or property	2042	52	Saturn's 7½-year test period (Sade Sati): slow results; take care of health
2053	63	overall progress and good support	2043	53	Saturn's 7½-year test period (Sade Sati): slow results; take care of health
2056	66	career growth, home or property	2054	64	slower phase: avoid big risks and big loans

Health care calendar

Years to give your health extra attention: 2027, 2028, 2029, 2030, 2041, 2042.

In these years: get a full health check-up early in the year; keep a regular routine of sleep, food and exercise, and do not ignore small symptoms. This is traditional guidance, not a medical prediction: it cannot say whether any illness will happen. Follow your doctor's advice and check-up schedule every year.

Money and life goals planner

Each goal is checked by two independent methods: the classical Parashari rules (dasha periods and Jupiter and Saturn transits) and KP sub-lord timing. Years where **both agree** are the most reliable; plan your big steps for them, and still decide on practical grounds.

Goal	Best years: both systems agree	Also possible (one system)
Job change, promotion or new venture	2027, 2035–2037	2028–2034, 2038–2043
Buying a home, land or vehicle	2026, 2032–2037, 2040	2027, 2031, 2038–2039
Growing savings and investments	2032–2038, 2040	2026–2029, 2031, 2039
Marriage	2031	2027–2030, 2032–2043
Travel or work abroad	2026	2027, 2032–2038, 2040

Years to save more and avoid loans, guarantees and risky investments: 2028–2029, 2037–2043.

Your life, decade by decade

Age	Years	Life score		In short
0–9	1990–1999		5.5/10	a mixed phase with ups and downs
10–19	2000–2009		7/10	a good, steady phase
20–29	2010–2019		5/10	a mixed phase with ups and downs
30–39	2020–2029		6/10	a good, steady phase
40–49	2030–2039		6/10	a good, steady phase
50–59	2040–2049		5.5/10	a mixed phase with ups and downs
60–69	2050–2059		5.5/10	a mixed phase with ups and downs
70–79	2060–2069		6/10	a good, steady phase
80–89	2070–2079		6/10	a good, steady phase
90–99	2080–2089		5.5/10	a mixed phase with ups and downs

Your personal do's and don'ts

Each line comes from a specific part of your own chart, shown in the last column.

Do	Don't	Why (from your chart)
Take up leadership and respect your father and seniors.	Don't let pride or ego spoil relationships at work or home.	Your rising sign (lagna) is Leo
Keep an orderly schedule; it settles your mind.	Don't worry about small things that are out of your hands.	Your Moon sign (rashi) is Virgo, birth star Uttara Phalguni
Try new fields, technology or foreign links, carefully.	Avoid shortcuts, intoxicants, shady deals and get-rich-quick offers.	You are in Rahu mahadasha until Mar 2027
Use the energy for property, sport and bold projects.	Avoid anger, rash driving, disputes and lawsuits.	Sub-period of Mars until Mar 2027
Follow the Venus remedy in the next section every Friday.	Don't rush into relationships or big luxury purchases.	Venus is placed in your 12th house in Cancer

Lucky days	Sunday, Tuesday
Lucky colours	orange and gold; red and coral
Lucky number	5
Helpful gemstone	Ruby (Manik) (see section 11 before wearing)
Current main period	Rahu (see section 13 for its simple remedy)

How to raise each score

Start with these three: children and family joy, education and learning, courage and self-effort. Pick one step from each and do it every week for at least six months; small, regular effort works better than a big effort once.

Your birth chart itself never changes, so no remedy can promise a perfect 10. What steady effort and these remedies do is help you get the very best your chart allows in each area. Traditional remedies support practical effort; they never replace it, and they never replace medical or financial advice.

Area and score	What you can do	Traditional remedy
Children and family joy 6/10	Spend some time with children every day; be the example you want them to follow; support their studies and interests.	Thursday: chant <i>Om Gurave Namah</i> 108 times; give turmeric, chana dal or books. Also respect teachers and elders; share knowledge. Why: Jupiter rules your 5th house, which governs this area; it is strong in Cancer, so the remedy brings out its best and placed in your 12th house.
Education and learning 6/10	Study at a fixed time daily; take short courses; read for 20 minutes a day; teach others what you learn.	Wednesday: chant <i>Om Budhaya Namah</i> 108 times; give green moong or feed green grass to cows. Also read, learn and keep your word in business. Why: Mercury is the natural significator of this area; it is placed in Leo in your 1st house.
Courage and self-effort 6/10	Exercise regularly; take one small step outside your comfort zone each month; speak up for yourself; finish what you start.	Friday: chant <i>Om Shukraya Namah</i> 108 times; give white sweets, curd or clothes. Also keep your home clean and beautiful; respect your partner. Why: Venus rules your 3rd house, which governs this area; it is placed in your 12th house.
Travel and foreign links 6.5/10	Keep your passport and documents ready; learn a language or an international skill; apply for chances in your good years.	Saturday: chant <i>Om Rahave Namah</i> 108 times; give a blanket to someone in need. Also avoid shortcuts, intoxicants and bad company. Why: Rahu is the natural significator of this area; it is placed in your 6th house.
Career and status 7/10	Learn one new skill every year; keep a record of your achievements; be punctual and keep promises; build contacts in your field.	Friday: chant <i>Om Shukraya Namah</i> 108 times; give white sweets, curd or clothes. Also keep your home clean and beautiful; respect your partner. Why: Venus rules your 10th house, which governs this area; it is placed in your 12th house.
Marriage and partnership 7/10	Give time and attention every week; listen before replying; talk openly about money and plans; respect each other's family.	Friday: chant <i>Om Shukraya Namah</i> 108 times; give white sweets, curd or clothes. Also keep your home clean and beautiful; respect your partner. Why: Venus is the natural significator of this area; it is placed in your 12th house.
Spiritual growth 7/10	Meditate or pray for 10 minutes daily; read a few lines of the Bhagavad Gita; do some selfless service (seva) every month.	Tuesday: chant <i>Om Ketave Namah (and a prayer to Lord Ganesha)</i> 108 times; feed street dogs. Also meditate and keep life simple. Why: Ketu is the natural significator of this area; it is placed in your 12th house.
Home, property and vehicles 7.5/10	Save steadily for a down payment; check every property document with a lawyer; buy in the best years from the planner.	Monday: chant <i>Om Somaya Namah</i> 108 times; give milk, rice or white cloth. Also respect your mother; keep your mind calm and drink enough water. Why: Moon is the natural significator of this area; it is placed in Virgo in your 2nd house.

Area and score	What you can do	Traditional remedy
Luck and fortune 7.5/10	Help others without expecting a return; respect and keep in touch with teachers, mentors and elders; give some charity regularly.	Thursday: chant <i>Om Gurave Namah</i> 108 times; give turmeric, chana dal or books. Also respect teachers and elders; share knowledge. Why: Jupiter is the natural significator of this area; it is strong in Cancer, so the remedy brings out its best and placed in your 12th house.
Money and savings 8.5/10	Save a fixed part (aim for 20%) of every income first; build an emergency fund of six months; take proper insurance; avoid loans for things you only want.	Wednesday: chant <i>Om Budhaya Namah</i> 108 times; give green moong or feed green grass to cows. Also read, learn and keep your word in business. Why: Mercury rules your 2nd and 11th house, which governs this area; it is placed in Leo in your 1st house.
Vitality and stamina 9/10	Sleep 7-8 hours; walk or exercise for 30 minutes a day; eat fresh, simple food; get a check-up every year and follow your doctor's advice.	Sunday: chant <i>Om Suryaya Namah</i> 108 times; offer water to the rising Sun; give wheat or jaggery. Also respect your father and people in authority. Why: Sun rules your 1st house, which governs this area; it is strong in Leo, so the remedy brings out its best.

How to read this report

The report reads your chart in two systems. The main chapters follow classical **Parashari** astrology. Section 8 gives a full **KP (Krishnamurti Paddhati)** analysis: star and sub lords, house significators, what each cusp sub lord promises and KP timing down to the pratyantardasha. Every year in section 7 also carries a **KP view**: the life matters that the running periods activate under KP rules. Where both systems point the same way, the indication is strongest.

This report is built from an actual astronomical calculation of the sky at your birth (Swiss Ephemeris, Lahiri ayanamsa, sidereal zodiac, whole-sign houses). On top of that it follows classical Parashari rules: the Vimshottari dasha (planetary periods) sets the main theme of each phase of life, and the slow transits of Saturn and Jupiter decide when those themes become easy or hard. Each year gets a rating from **Excellent** to **Tough**, based on how favourable the running periods and transits are *relative to the rest of your own life*.

Each year also carries a separate **health sensitivity** level, so a year cannot read as 'good' while the chart points to health strain, and from age 18 a **career sensitivity** level: how strongly the chart points to job offers, joining, switching or promotion that year. High career sensitivity means movement, not automatically good movement; read it together with the year's overall rating.

Each year also lists **traditional indications**: the body areas and conditions that classical texts associate with the planets running that year and with the house Saturn is crossing. They show where tradition says to pay attention. They are not diagnoses and cannot tell you whether any illness will occur; only medical tests can. Keep your doctor's follow-up schedule whatever the chart says.

छन्दः पादौ तु वेदस्य हस्तौ कल्पोऽथ पठ्यते ।

ज्योतिषामयनं चक्षुर्निरुक्तं श्रोत्रमुच्यते ॥

chandaḥ pādau tu vedasya hastau kalpo'tha paṭhyate |
jyotiṣām ayanam cakṣur niruktaṁ śrotram ucyate ||

Metre is called the feet of the Veda, ritual its hands; the science of the heavenly lights (Jyotisha) is its eye, and etymology its ear. (*Paniniya Shiksha*)

यदुपचितमन्यजन्मनि शुभाशुभं तस्य कर्मणः पङ्क्तिम् ।

व्यञ्जयति शास्त्रमेतत् तमसि द्रव्याणि दीप इव ॥

yad upacitam anya-janmani śubhāśubham tasya karmaṇaḥ paṅktim |
vyañjayati śāstram etat tamasi dravyāṇi dīpa iva ||

Whatever good and bad karma was gathered before, this science reveals its unfolding, as a lamp reveals objects in the dark. (*Varahamihira, Laghu Jataka*)

Birthplace. New Delhi, India (28.61°N, 77.21°E), local time UTC+5:30 at birth.

Computer-generated report. The planetary positions are calculated precisely, and the predictions apply classical Vedic rules through software. We have made every effort to give you the best possible readings, but computer-generated predictions can contain errors and cannot weigh every factor that an experienced astrologer would consider in person. Please use this report as guidance only, and consult a qualified astrologer, doctor, financial adviser or other professional before any important decision.

Important. This is traditional Vedic astrological interpretation, offered for reflection and cultural interest. It is not medical, financial, legal or life advice. Health notes describe traditional tendencies, not diagnoses; see a doctor for any health concern, and make major decisions on practical grounds. The report does not and cannot predict the length of life.

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन ।

मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि ॥

karmaṇy evādhikāras te mā phaleṣu kadācana |
mā karma-phala-hetur bhūr mā te saṅgo'stv akarmaṇi |

Your right is to your work alone, never to its fruits. Do not let the fruits be your motive, and do not cling to inaction.
(*Bhagavad Gita 2.47*)

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1. Your birth chart

Pis	Ari	Tau Ma 1°	Gem
Aqu	Rasi (D1) Lahiri · whole sign		Can Ju 7° Ve 17° Ke 12°
Cap Ra 12°			Leo Asc 9° Su 5° Me 29°
Sag Sa(R) 25°	Sco	Lib	Vir Mo 6°

Birth (local)	23 Aug 1990, 06:15 (UTC+5:30)
Place	New Delhi, India
Ayanamsa	Lahiri 23.73°
Lagna	Leo 9°32' · Magha
Moon sign (Rasi)	Virgo
Janma nakshatra	Uttara Phalguni pada 3
Nakshatra lord	Sun
Sun sign (sidereal)	Leo
Dasha balance at birth	Sun 1y 6m 23d

Planet	Sign	Degree	Nakshatra (pada)	House	Rules houses	Dignity
Lagna	Leo	9°32'	Magha (3)	1	–	–
Sun	Leo	5°55'	Magha (2)	1	1	own sign
Moon	Virgo	6°31'	Uttara Phalguni (3)	2	12	–
Mars	Taurus	1°52'	Krittika (2)	10	4, 9	–
Mercury	Leo	29°32'	Uttara Phalguni (1)	1	2, 11	–
Jupiter	Cancer	7°15'	Pushya (2)	12	5, 8	exalted
Venus	Cancer	17°24'	Ashlesha (1)	12	3, 10	–
Saturn (R)	Sagittarius	25°44'	Purva Ashadha (4)	5	6, 7	–
Rahu	Capricorn	12°20'	Shravana (1)	6	–	–
Ketu	Cancer	12°20'	Pushya (3)	12	–	–

2. Key features and yogas

Budha-Aditya yoga

Sun and Mercury together in your 1st house (self, body and confidence): sharp intelligence, good communication and recognition through learning.

Sarala yoga (Vipareeta Raja)

Your 8th lord Jupiter sits in the 12th house. Difficulties tend to turn in your favour, and you gain strength through obstacles.

Mars is your yogakaraka

Mars rules both a kendra and a trikona (4th, 9th houses), so it is the most helpful planet in your chart. It sits in your 10th house (career and public status).

Exalted Jupiter

Jupiter is exalted in Cancer in your 12th house: its themes (expenses, foreign lands, sleep and spirituality) are a strength.

Rahu in the 6th, Ketu in the 12th

Rahu amplifies desire in health, debts and competition; Ketu brings detachment and sudden turns in expenses, foreign lands, sleep and spirituality.

3. Life overview

Nature and personality

Leo rising makes you confident, generous and dignified. You like respect and responsibility and shine in leadership; pride is the lesson. A Virgo Moon is practical and self-critical, calmed by order and routine. Your lagna lord Sun sits in the 1st house, so much of life revolves around self, body and confidence.

Career

Your 10th house is Taurus and its lord Venus sits in the 12th house (expenses, foreign lands, sleep and spirituality), with Mars in the 10th. Fields that suit the chart: arts, design, fashion, hospitality, luxury goods, entertainment and vehicles; engineering, technology, real estate, police, defence, surgery and sports. Strong career periods: Rahu mahadasha (2009–2027), Saturn mahadasha (2043–2062).

Money

Mercury rules both your 2nd and 11th houses and sits in the 1st. Gains come readily when these lords are well placed. Avoid speculation during Sade Sati and Ashtama Shani years (marked in the yearly pages).

Health constitution

Traditional tendencies for Leo lagna: heart, spine and blood pressure. Planets in the 6th, 8th or 12th (Jupiter, Venus) add sensitivity in their areas. Lagna lord Sun is own sign, which supports vitality. Sensitive phases: Sade Sati, Ashtama Shani, and the periods of the 6th lord (Saturn) and 8th lord (Jupiter).

Marriage

Your 7th house is Aquarius, empty; its lord Saturn sits in the 5th house, and Venus is in Cancer. Classically this suggests marriage after some delay or effort, to a mature, responsible partner. The periods of Saturn and Venus are the main marriage times.

Children

Your 5th house is Sagittarius with Saturn in it; its lord Jupiter is in the 12th house and Jupiter, the karaka for children, is in the 12th. Children may come after some delay or with care. Jupiter's periods are the classical times for children.

4. Vimshottari dasha timeline

Your Moon is in Uttara Phalguni, ruled by Sun, so life began in Sun mahadasha, with a balance of Sun 1y 6m 23d at birth. Traditional panchangs can differ by a few months; if your family horoscope gives a different balance, the report can be recalculated with it.

Mahadasha	From	To	Age	Theme
Sun	Aug 1990	Mar 1992	0–2	Sun rules your 1st and sits in your 1st house (self, body and confidence). For your chart this is one of the most supportive periods of your life.
Moon	Mar 1992	Mar 2002	2–12	Moon rules your 12th and sits in your 2nd house (money, family and speech). For your chart this is a testing period that rewards patience.
Mars	Mar 2002	Mar 2009	12–19	Mars rules your 4th and 9th and sits in your 10th house (career and public status). For your chart this is one of the most supportive periods of your life.
Rahu	Mar 2009	Mar 2027	19–37	Rahu sits in your 6th house (health, debts and competition). For your chart this is a mixed period.
Jupiter	Mar 2027	Mar 2043	37–53	Jupiter rules your 5th and 8th and sits in your 12th house (expenses, foreign lands, sleep and spirituality). For your chart this is a broadly favourable period.
Saturn	Mar 2043	Mar 2062	53–72	Saturn rules your 6th and 7th and sits in your 5th house (children, intelligence and romance). For your chart this is a mixed period.
Mercury	Mar 2062	Mar 2079	72–89	Mercury rules your 2nd and 11th and sits in your 1st house (self, body and confidence). For your chart this is a mixed period.
Ketu	Mar 2079	Mar 2086	89–96	Ketu sits in your 12th house (expenses, foreign lands, sleep and spirituality). For your chart this is a mixed period.
Venus	Mar 2086	Mar 2106	96–100	Venus rules your 3rd and 10th and sits in your 12th house (expenses, foreign lands, sleep and spirituality). For your chart this is a testing period that rewards patience.

Antardasha (sub-periods)

Mahadasha	Antardasha	From	To	Nature for your chart
Sun	Mercury	Aug 1990	Nov 1990	Favourable
Sun	Ketu	Nov 1990	Mar 1991	Favourable
Sun	Venus	Mar 1991	Mar 1992	Favourable
Moon	Moon	Mar 1992	Jan 1993	Testing
Moon	Mars	Jan 1993	Aug 1993	Favourable
Moon	Rahu	Aug 1993	Feb 1995	Testing
Moon	Jupiter	Feb 1995	Jun 1996	Mixed
Moon	Saturn	Jun 1996	Jan 1998	Testing
Moon	Mercury	Jan 1998	Jun 1999	Testing
Moon	Ketu	Jun 1999	Jan 2000	Testing
Moon	Venus	Jan 2000	Sep 2001	Testing
Moon	Sun	Sep 2001	Mar 2002	Favourable
Mars	Mars	Mar 2002	Aug 2002	Very favourable
Mars	Rahu	Aug 2002	Aug 2003	Favourable
Mars	Jupiter	Aug 2003	Aug 2004	Very favourable
Mars	Saturn	Aug 2004	Sep 2005	Favourable

Mahadasha	Antardasha	From	To	Nature for your chart
Mars	Mercury	Sep 2005	Sep 2006	Favourable
Mars	Ketu	Sep 2006	Feb 2007	Favourable
Mars	Venus	Feb 2007	Apr 2008	Favourable
Mars	Sun	Apr 2008	Aug 2008	Very favourable
Mars	Moon	Aug 2008	Mar 2009	Mixed
Rahu	Rahu	Mar 2009	Nov 2011	Mixed
Rahu	Jupiter	Nov 2011	Apr 2014	Mixed
Rahu	Saturn	Apr 2014	Feb 2017	Testing
Rahu	Mercury	Feb 2017	Sep 2019	Mixed
Rahu	Ketu	Sep 2019	Oct 2020	Testing
Rahu	Venus	Oct 2020	Oct 2023	Testing
Rahu	Sun	Oct 2023	Aug 2024	Very favourable
Rahu	Moon	Aug 2024	Feb 2026	Testing
Rahu	Mars	Feb 2026	Mar 2027	Very favourable
Jupiter	Jupiter	Mar 2027	May 2029	Favourable
Jupiter	Saturn	May 2029	Nov 2031	Mixed
Jupiter	Mercury	Nov 2031	Feb 2034	Mixed
Jupiter	Ketu	Feb 2034	Jan 2035	Mixed
Jupiter	Venus	Jan 2035	Sep 2037	Mixed
Jupiter	Sun	Sep 2037	Jul 2038	Very favourable
Jupiter	Moon	Jul 2038	Nov 2039	Testing
Jupiter	Mars	Nov 2039	Oct 2040	Very favourable
Jupiter	Rahu	Oct 2040	Mar 2043	Mixed
Saturn	Saturn	Mar 2043	Mar 2046	Testing
Saturn	Mercury	Mar 2046	Nov 2048	Mixed
Saturn	Ketu	Nov 2048	Jan 2050	Testing
Saturn	Venus	Jan 2050	Mar 2053	Testing
Saturn	Sun	Mar 2053	Feb 2054	Very favourable
Saturn	Moon	Feb 2054	Sep 2055	Testing
Saturn	Mars	Sep 2055	Oct 2056	Very favourable
Saturn	Rahu	Oct 2056	Sep 2059	Testing
Saturn	Jupiter	Sep 2059	Mar 2062	Mixed
Mercury	Mercury	Mar 2062	Aug 2064	Mixed
Mercury	Ketu	Aug 2064	Aug 2065	Mixed
Mercury	Venus	Aug 2065	Jun 2068	Testing
Mercury	Sun	Jun 2068	Apr 2069	Very favourable
Mercury	Moon	Apr 2069	Sep 2070	Testing
Mercury	Mars	Sep 2070	Sep 2071	Very favourable
Mercury	Rahu	Sep 2071	Mar 2074	Mixed
Mercury	Jupiter	Mar 2074	Jul 2076	Favourable
Mercury	Saturn	Jul 2076	Mar 2079	Mixed

Mahadasha	Antardasha	From	To	Nature for your chart
Ketu	Ketu	Mar 2079	Aug 2079	Testing
Ketu	Venus	Aug 2079	Oct 2080	Testing
Ketu	Sun	Oct 2080	Feb 2081	Very favourable
Ketu	Moon	Feb 2081	Sep 2081	Testing
Ketu	Mars	Sep 2081	Feb 2082	Very favourable
Ketu	Rahu	Feb 2082	Mar 2083	Testing
Ketu	Jupiter	Mar 2083	Feb 2084	Mixed
Ketu	Saturn	Feb 2084	Mar 2085	Testing
Ketu	Mercury	Mar 2085	Mar 2086	Mixed
Venus	Venus	Mar 2086	Jul 2089	Testing
Venus	Sun	Jul 2089	Jul 2090	Very favourable
Venus	Moon	Jul 2090	Mar 2092	Testing

5. Saturn and Jupiter transits

मात्रास्पर्शास्तु कौन्तेय शीतोष्णसुखदुःखदाः ।

आगमापायिनोऽनित्यास्तांस्तितिक्षस्व भारत ॥

mātrā-sparśās tu kaunteya śītoṣṇa-sukha-duḥkha-dāḥ |
āgamāpāyino'nityās tāṁs titikṣasva bhārata ||

Heat and cold, pleasure and pain come and go; they are not permanent. Bear them patiently. (*Bhagavad Gita 2.14*)

Sade Sati and other Saturn phases

Sade Sati is Saturn's roughly 7½-year passage over the 12th, 1st and 2nd signs from your Moon (Leo, Virgo, Libra). Ashtama Shani is Saturn in the 8th from the Moon (Aries) and Kantaka Shani is Saturn in the 4th (Sagittarius). These are the years when effort feels heavy and health needs more care.

Phase	From	To	Ages
Kantaka Shani (4th)	Aug 1990	Dec 1990	0–0
Ashtama Shani (8th)	Apr 1998	Jun 2000	8–10
Sade Sati	Nov 2006	Nov 2014	16–24
Kantaka Shani (4th)	Jan 2017	Jan 2020	27–30
Ashtama Shani (8th)	Jun 2027	Apr 2030	37–40
Sade Sati	Aug 2036	Sep 2044	46–54
Kantaka Shani (4th)	Dec 2046	Dec 2049	56–59
Ashtama Shani (8th)	Apr 2057	May 2059	67–69
Sade Sati	Oct 2065	Oct 2073	75–83
Kantaka Shani (4th)	Jan 2076	Jan 2079	86–89
Ashtama Shani (8th)	May 2086	Apr 2089	96–99

Saturn sign-by-sign

Sign	From	To	House from Moon	House from lagna	Effect
Sagittarius	Aug 1990	Dec 1990	4	5	Testing
Capricorn	Dec 1990	Mar 1993	5	6	Neutral
Aquarius	Mar 1993	Feb 1996	6	7	Supportive
Pisces	Feb 1996	Apr 1998	7	8	Neutral
Aries	Apr 1998	Jun 2000	8	9	Testing
Taurus	Jun 2000	Jul 2002	9	10	Neutral
Gemini	Jul 2002	Sep 2004	10	11	Neutral
Cancer	Sep 2004	Jan 2005	11	12	Supportive
Gemini	Jan 2005	May 2005	10	11	Neutral
Cancer	May 2005	Jul 2007	11	12	Supportive
Leo	Jul 2007	Sep 2009	12	1	Sade Sati
Virgo	Sep 2009	Nov 2011	1	2	Sade Sati
Libra	Nov 2011	Nov 2014	2	3	Sade Sati
Scorpio	Nov 2014	Jan 2017	3	4	Supportive

Sign	From	To	House from Moon	House from lagna	Effect
Sagittarius	Jan 2017	Jun 2017	4	5	Testing
Scorpio	Jun 2017	Oct 2017	3	4	Supportive
Sagittarius	Oct 2017	Jan 2020	4	5	Testing
Capricorn	Jan 2020	Jan 2023	5	6	Neutral
Aquarius	Jan 2023	Mar 2025	6	7	Supportive
Pisces	Mar 2025	Jun 2027	7	8	Neutral
Aries	Jun 2027	Oct 2027	8	9	Testing
Pisces	Oct 2027	Feb 2028	7	8	Neutral
Aries	Feb 2028	Apr 2030	8	9	Testing
Taurus	Apr 2030	Jun 2032	9	10	Neutral
Gemini	Jun 2032	Jul 2034	10	11	Neutral
Cancer	Jul 2034	Aug 2036	11	12	Supportive
Leo	Aug 2036	Oct 2038	12	1	Sade Sati
Virgo	Oct 2038	Sep 2041	1	2	Sade Sati
Libra	Sep 2041	Dec 2043	2	3	Sade Sati
Scorpio	Dec 2043	Dec 2046	3	4	Supportive
Sagittarius	Dec 2046	Mar 2049	4	5	Testing
Capricorn	Mar 2049	Jul 2049	5	6	Neutral
Sagittarius	Jul 2049	Dec 2049	4	5	Testing
Capricorn	Dec 2049	Feb 2052	5	6	Neutral
Aquarius	Feb 2052	Feb 2055	6	7	Supportive
Pisces	Feb 2055	Apr 2057	7	8	Neutral
Aries	Apr 2057	May 2059	8	9	Testing
Taurus	May 2059	Jul 2061	9	10	Neutral
Gemini	Jul 2061	Aug 2063	10	11	Neutral
Cancer	Aug 2063	Jul 2066	11	12	Supportive
Leo	Jul 2066	Sep 2068	12	1	Sade Sati
Virgo	Sep 2068	Nov 2070	1	2	Sade Sati
Libra	Nov 2070	Oct 2073	2	3	Sade Sati
Scorpio	Oct 2073	Jan 2076	3	4	Supportive
Sagittarius	Jan 2076	Jan 2079	4	5	Testing
Capricorn	Jan 2079	Jan 2082	5	6	Neutral
Aquarius	Jan 2082	Mar 2084	6	7	Supportive
Pisces	Mar 2084	May 2086	7	8	Neutral
Aries	May 2086	Apr 2089	8	9	Testing
Taurus	Apr 2089	Jan 2091	9	10	Neutral

Jupiter sign-by-sign

Jupiter takes about a year per sign. It is classically favourable in the 2nd, 5th, 7th, 9th and 11th from the Moon. Short retrograde back-and-forth spells are folded into the main period.

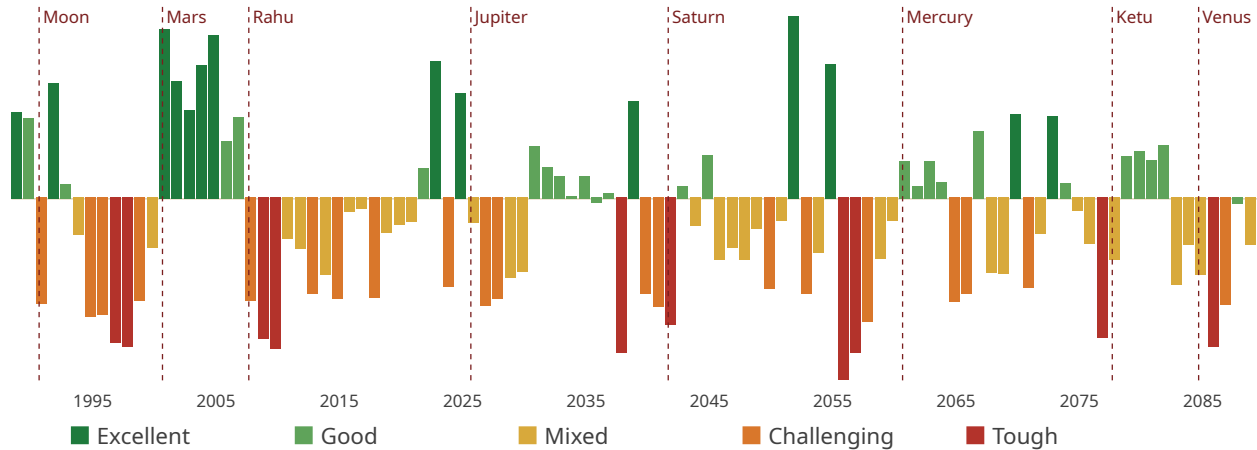
Sign	From	To	House from Moon	House from lagna	Effect
Gemini	Aug 1990	Jul 1990	10	11	Neutral
Cancer	Aug 1990	Aug 1991	11	12	Supportive
Leo	Aug 1991	Sep 1992	12	1	Testing
Virgo	Sep 1992	Oct 1993	1	2	Neutral
Libra	Oct 1993	Nov 1994	2	3	Supportive
Scorpio	Nov 1994	Dec 1995	3	4	Neutral
Sagittarius	Dec 1995	Dec 1996	4	5	Neutral
Capricorn	Dec 1996	Jan 1998	5	6	Supportive
Aquarius	Jan 1998	Jan 1999	6	7	Neutral
Pisces	Jan 1999	May 1999	7	8	Supportive
Aries	May 1999	Jun 2000	8	9	Testing
Taurus	Jun 2000	Jun 2001	9	10	Supportive
Gemini	Jun 2001	Jul 2002	10	11	Neutral
Cancer	Jul 2002	Jul 2003	11	12	Supportive
Leo	Jul 2003	Aug 2004	12	1	Testing
Virgo	Aug 2004	Sep 2005	1	2	Neutral
Libra	Sep 2005	Oct 2006	2	3	Supportive
Scorpio	Oct 2006	Nov 2007	3	4	Neutral
Sagittarius	Nov 2007	Dec 2008	4	5	Neutral
Capricorn	Dec 2008	Dec 2009	5	6	Supportive
Aquarius	Dec 2009	May 2010	6	7	Neutral
Pisces	May 2010	May 2011	7	8	Supportive
Aries	May 2011	May 2012	8	9	Testing
Taurus	May 2012	Jun 2013	9	10	Supportive
Gemini	Jun 2013	Jun 2014	10	11	Neutral
Cancer	Jun 2014	Jul 2015	11	12	Supportive
Leo	Jul 2015	Aug 2016	12	1	Testing
Virgo	Aug 2016	Sep 2017	1	2	Neutral
Libra	Sep 2017	Oct 2018	2	3	Supportive
Scorpio	Oct 2018	Nov 2019	3	4	Neutral
Sagittarius	Nov 2019	Nov 2020	4	5	Neutral
Capricorn	Nov 2020	Apr 2021	5	6	Supportive
Aquarius	Apr 2021	Apr 2022	6	7	Neutral
Pisces	Apr 2022	Apr 2023	7	8	Supportive
Aries	Apr 2023	May 2024	8	9	Testing
Taurus	May 2024	May 2025	9	10	Supportive

Sign	From	To	House from Moon	House from lagna	Effect
Gemini	May 2025	Jun 2026	10	11	Neutral
Cancer	Jun 2026	Jun 2027	11	12	Supportive
Leo	Jun 2027	Jul 2028	12	1	Testing
Virgo	Jul 2028	Aug 2029	1	2	Neutral
Libra	Aug 2029	Sep 2030	2	3	Supportive
Scorpio	Sep 2030	Oct 2031	3	4	Neutral
Sagittarius	Oct 2031	Mar 2032	4	5	Neutral
Capricorn	Mar 2032	Mar 2033	5	6	Supportive
Aquarius	Mar 2033	Mar 2034	6	7	Neutral
Pisces	Mar 2034	Apr 2035	7	8	Supportive
Aries	Apr 2035	Apr 2036	8	9	Testing
Taurus	Apr 2036	Apr 2037	9	10	Supportive
Gemini	Apr 2037	Sep 2037	10	11	Neutral
Cancer	Sep 2037	Oct 2038	11	12	Supportive
Leo	Oct 2038	Nov 2039	12	1	Testing
Virgo	Nov 2039	Dec 2040	1	2	Neutral
Libra	Dec 2040	Jan 2042	2	3	Supportive
Scorpio	Jan 2042	Jan 2043	3	4	Neutral
Sagittarius	Jan 2043	Feb 2044	4	5	Neutral
Capricorn	Feb 2044	Mar 2045	5	6	Supportive
Aquarius	Mar 2045	Mar 2046	6	7	Neutral
Pisces	Mar 2046	Mar 2047	7	8	Supportive
Aries	Mar 2047	Mar 2048	8	9	Testing
Taurus	Mar 2048	Aug 2048	9	10	Supportive
Gemini	Aug 2048	Aug 2049	10	11	Neutral
Cancer	Aug 2049	Sep 2050	11	12	Supportive
Leo	Sep 2050	Oct 2051	12	1	Testing
Virgo	Oct 2051	Nov 2052	1	2	Neutral
Libra	Nov 2052	Dec 2053	2	3	Supportive
Scorpio	Dec 2053	Jan 2055	3	4	Neutral
Sagittarius	Jan 2055	Feb 2056	4	5	Neutral
Capricorn	Feb 2056	Feb 2057	5	6	Supportive
Aquarius	Feb 2057	Feb 2058	6	7	Neutral
Pisces	Feb 2058	Mar 2059	7	8	Supportive
Aries	Mar 2059	Jul 2059	8	9	Testing
Taurus	Jul 2059	Jul 2060	9	10	Supportive
Gemini	Jul 2060	Aug 2061	10	11	Neutral
Cancer	Aug 2061	Sep 2062	11	12	Supportive
Leo	Sep 2062	Oct 2063	12	1	Testing
Virgo	Oct 2063	Nov 2064	1	2	Neutral

Sign	From	To	House from Moon	House from lagna	Effect
Libra	Nov 2064	Dec 2065	2	3	Supportive
Scorpio	Dec 2065	Dec 2066	3	4	Neutral
Sagittarius	Dec 2066	Jan 2068	4	5	Neutral
Capricorn	Jan 2068	Jan 2069	5	6	Supportive
Aquarius	Jan 2069	Feb 2070	6	7	Neutral
Pisces	Feb 2070	Feb 2071	7	8	Supportive
Aries	Feb 2071	Jun 2071	8	9	Testing
Taurus	Jun 2071	Jul 2072	9	10	Supportive
Gemini	Jul 2072	Jul 2073	10	11	Neutral
Cancer	Jul 2073	Aug 2074	11	12	Supportive
Leo	Aug 2074	Sep 2075	12	1	Testing
Virgo	Sep 2075	Oct 2076	1	2	Neutral
Libra	Oct 2076	Nov 2077	2	3	Supportive
Scorpio	Nov 2077	Dec 2078	3	4	Neutral
Sagittarius	Dec 2078	Jan 2080	4	5	Neutral
Capricorn	Jan 2080	Jan 2081	5	6	Supportive
Aquarius	Jan 2081	Jan 2082	6	7	Neutral
Pisces	Jan 2082	Jun 2082	7	8	Supportive
Aries	Jun 2082	Jun 2083	8	9	Testing
Taurus	Jun 2083	Jun 2084	9	10	Supportive
Gemini	Jun 2084	Jul 2085	10	11	Neutral
Cancer	Jul 2085	Aug 2086	11	12	Supportive
Leo	Aug 2086	Sep 2087	12	1	Testing
Virgo	Sep 2087	Oct 2088	1	2	Neutral
Libra	Oct 2088	Nov 2089	2	3	Supportive
Scorpio	Nov 2089	Jan 2091	3	4	Neutral

6. Life graph, 1990–2090

Each bar is one year's combined score from dasha and transits, coloured by its rating. Dashed lines mark the start of each mahadasha.



Best years ahead: 2026 (age 36), 2040 (age 50), 2053 (age 63), 2056 (age 66), 2068 (age 78), 2071 (age 81), 2074 (age 84), 2083 (age 93)

Years needing the most care: 2039 (age 49), 2042 (age 52), 2043 (age 53), 2057 (age 67), 2058 (age 68), 2059 (age 69), 2078 (age 88), 2087 (age 97)

What the red and orange years mean

A red or orange bar does not mean one specific problem. It means the dasha and transits together put pressure on one or more areas of life. The table below names, for every Challenging or Tough year from now on, which areas are under pressure, in order of strength, and what to take care of. Green years are the time to push forward; red years are the time to protect what you have.

Key: Health = body and check-ups. Money = expenses, losses, debts. Career = workload, job pressure. Family = spouse, parents, home. Mind = worry, sleep, mood.

Year	Age	Rating	Areas under pressure	What to take care of
2028	38	Challenging	Health, Money, Career	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.
2029	39	Challenging	Health, Money, Career	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.
2039	49	Tough	Health, Mind, Money	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. Regular sleep, meditation or prayer; less screen time; talk to someone you trust.
2041	51	Challenging	Health, Family, Mind	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.
2042	52	Challenging	Health, Money, Family	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.

Year	Age	Rating	Areas under pressure	What to take care of
2043	53	Tough	Health , Money, Family	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.
2051	61	Challenging	Money	No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.
2054	64	Challenging	General slowdown	Go slow, avoid big risks, keep routines.
2057	67	Tough	Health , Family	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.
2058	68	Tough	Health , Family, Money	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.
2059	69	Challenging	Health , Money, Family	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.
2066	76	Challenging	General slowdown	Go slow, avoid big risks, keep routines.
2067	77	Challenging	Money , Mind	No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. Regular sleep, meditation or prayer; less screen time; talk to someone you trust.
2072	82	Challenging	Health , Money, Family	Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.
2078	88	Tough	General slowdown	Go slow, avoid big risks, keep routines.
2087	97	Tough	Money	No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.
2088	98	Challenging	General slowdown	Go slow, avoid big risks, keep routines.

7. Year-by-year predictions

Each year shows the running periods, the main transits, and readings for work, health and family. Ages are the age you turn during that year.

योगस्थः कुरु कर्माणि सङ्गं त्यक्त्वा धनञ्जय ।
सिद्ध्यसिद्ध्योः समो भूत्वा समत्वं योग उच्यते ॥

*yoga-sthaḥ kuru karmāṇi saṅgaṁ tyaktvā dhanañjaya |
siddhy-asiddhyoḥ samo bhūtvā samatvaṁ yoga ucyate ||*

Steady in yoga, do your work, giving up attachment, the same in success and failure. This evenness of mind is called yoga. (*Bhagavad Gita 2.48*)

1990 · age 0

Excellent

Health sensitivity: Low · **Personal year 5** (change and travel)

Periods: Sun–Mercury, then Sun–Ketu. The Mercury sub-period brings Mercury, lord of your 2nd and 11th placed in the 1st (self, body and confidence) into focus; for your chart this is a mixed influence layered on the broader Sun story of status and father. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Sagittarius (4th from Moon).

Work, studies and money. Family circumstances shape this year more than anything personal; parents' finances and moves matter.

Health. Generally healthy; watch minor falls and stomach upsets.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Bond with siblings and parents grows; a change of house or school is possible.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

1991 · age 1

Good

Health sensitivity: Low · **Personal year 6** (family and responsibility)

Periods: Sun–Ketu, then Sun–Venus. The Venus sub-period brings Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Sun story of status and father. Jupiter moves through Cancer (11th from your Moon, 12th from lagna), Saturn through Capricorn (5th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Family circumstances shape this year more than anything personal; parents' finances and moves matter.

Health. Childhood immunity is the theme; seasonal colds or fevers need normal care.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 6th house: digestion and intestines; Jupiter transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Home life is the centre; the mother's and father's health and finances shape the year.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

1992 · age 2**Challenging****Health sensitivity: Low · Personal year 7** (reflection and rest)

Periods: Sun–Venus, then Moon–Moon. The Moon period begins, activating Moon, lord of your 12th placed in the 2nd (money, family and speech). The main themes are emotions, mother, travel and public dealings. A new chapter opens: Moon mahadasha begins in March 1992 and runs to March 2002. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Capricorn (5th from Moon). Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Family circumstances shape this year more than anything personal; parents' finances and moves matter.

Health. Good vitality overall, with routine childhood illnesses only.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Family support is good; elders' blessings are protective.

Why this year is rated challenging: Money: Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.

Tip. Traditional remedy for this period: keep Mondays simple, meditate and respect your mother.

1993 · age 3**Excellent****Health sensitivity: Low · Personal year 8** (money and authority)

Periods: Moon–Moon, then Moon–Mars, then Moon–Rahu. The Mars sub-period brings Mars, lord of your 4th and 9th placed in the 10th (career and public status) into focus; for your chart this is a supportive influence layered on the broader Moon story of emotions, family and income. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results.

Work, studies and money. Family circumstances shape this year more than anything personal; parents' finances and moves matter.

Health. Generally healthy; watch minor falls and stomach upsets.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Mars: blood pressure, acidity, inflammation, injuries and cuts; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Bond with siblings and parents grows; a change of house or school is possible.

Tip. Traditional remedy for this period: recite Hanuman Chalisa on Tuesdays and control temper.

1994 · age 4**Good****Health sensitivity: Moderate · Personal year 9** (completion and letting go)

The whole year runs under Moon mahadasha with Rahu antardasha. The Rahu sub-period brings Rahu, placed in your 6th house (health, debts and competition) into focus; for your chart this is a mixed influence layered on the broader Moon story of emotions, family and income. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Family circumstances shape this year more than anything personal; parents' finances and moves matter.

Health. Childhood immunity is the theme; seasonal colds or fevers need normal care. Some sensitivity around anxiety, allergies and hard-to-diagnose complaints.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Home life is the centre; the mother's and father's health and finances shape the year.

Tip. Traditional remedy for this period: avoid shortcuts and intoxicants; Durga worship is traditional.

1995 · age 5

Mixed

Health sensitivity: Moderate · Personal year 1 (new beginnings)

Periods: Moon–Rahu, then Moon–Jupiter. The Jupiter sub-period brings Jupiter, lord of your 5th and 8th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a mixed influence layered on the broader Moon story of emotions, family and income. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results.

Work, studies and money. Learning comes easily; a good time to pick subjects or courses that shape your career. Mercury/Jupiter influence favours exams, languages and analytical subjects.

Health. Good vitality overall, with routine childhood illnesses only. Some sensitivity around liver, weight and blood sugar.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Family support is good; elders' blessings are protective.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

1996 · age 6

Challenging

Health sensitivity: Moderate · Personal year 2 (patience and partnerships)

Periods: Moon–Jupiter, then Moon–Saturn. Jupiter's sub-period carries on; what began last year around wisdom, children and fortune matures now. Jupiter moves through Sagittarius (4th from your Moon, 5th from lagna), Saturn through Pisces (7th from Moon).

Work, studies and money. Results need extra effort; a teacher or mentor makes the difference. Mercury/Jupiter influence favours exams, languages and analytical subjects.

Health. Generally healthy; watch minor falls and stomach upsets. Some sensitivity around liver, weight and blood sugar.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Bond with siblings and parents grows; a change of house or school is possible.

Why this year is rated challenging: Family: Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

1997 · age 7**Challenging****Health sensitivity: Moderate · Personal year 3** (growth and expression)

The whole year runs under Moon mahadasha with Saturn antardasha. The Saturn sub-period brings Saturn, lord of your 6th and 7th placed in the 5th (children, intelligence and romance) into focus; for your chart this is a mixed influence layered on the broader Moon story of emotions, family and income. Jupiter moves through Capricorn (5th from your Moon, 6th from lagna), Saturn through Pisces (7th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Concentration can waver; distractions or a change of school or course are possible. Steady routine helps.

Health. Childhood immunity is the theme; seasonal colds or fevers need normal care. Some sensitivity around joints, back, teeth and chronic fatigue.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 8th house: reproductive and excretory organs; Jupiter transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Home life is the centre; the mother's and father's health and finances shape the year.

Why this year is rated challenging: Family: Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

1998 · age 8**Tough****Health sensitivity: Moderate · Personal year 4** (hard work and foundations)

Periods: Moon–Saturn, then Moon–Mercury. The Mercury sub-period brings Mercury, lord of your 2nd and 11th placed in the 1st (self, body and confidence) into focus; for your chart this is a mixed influence layered on the broader Moon story of emotions, family and income. Jupiter moves through Aquarius (6th from your Moon, 7th from lagna), Saturn through Aries (8th from Moon). Saturn is 8th from your Moon (Ashtama Shani): expect obstacles, delays and fatigue; avoid risky bets and keep health checks regular.

Work, studies and money. Mixed academic results; avoid bad company and keep a fixed study schedule.

Mercury/Jupiter influence favours exams, languages and analytical subjects.

Health. Good vitality overall, with routine childhood illnesses only. Some sensitivity around mind, sleep, fluids and chest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 9th house: hips and thighs. Keep up regular medical check-ups.

Family, marriage and children. Family support is good; elders' blessings are protective.

Why this year is rated tough: Money: Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

1999 · age 9**Tough****Health sensitivity: High · Personal year 5** (change and travel)

Periods: Moon–Mercury, then Moon–Ketu. Mercury's sub-period carries on; what began last year around communication, business and expenses matures now. Jupiter moves through Aries (8th from your Moon, 9th from lagna), Saturn through Aries (8th from Moon). Saturn is 8th from your Moon (Ashtama Shani): expect obstacles, delays and fatigue; avoid risky bets and keep health checks regular. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Results need extra effort; a teacher or mentor makes the difference. Mercury/Jupiter influence favours exams, languages and analytical subjects.

Health. A health-sensitive year even in childhood; mind, sleep, fluids and chest need care, and any persistent symptom should be checked by a doctor promptly.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn transiting your 9th house: hips and thighs. Keep up regular medical check-ups.

Family, marriage and children. Bond with siblings and parents grows; a change of house or school is possible.

Why this year is rated tough: Money: Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Health:** Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Career:** Saturn pressing on the 4th, 8th or 10th: workload, politics or unwanted changes. Don't resign in a hurry; keep records of your work; upskill; avoid conflict with seniors.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2000 · age 10**Challenging****Health sensitivity: Low · Personal year 6** (family and responsibility)

Periods: Moon–Ketu, then Moon–Venus. The Venus sub-period brings Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Moon story of emotions, family and income. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Taurus (9th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Concentration can waver; distractions or a change of school or course are possible. Steady routine helps.

Health. Childhood immunity is the theme; seasonal colds or fevers need normal care.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Home life is the centre; the mother's and father's health and finances shape the year.

Why this year is rated challenging: Career: Saturn pressing on the 4th, 8th or 10th: workload, politics or unwanted changes. Don't resign in a hurry; keep records of your work; upskill; avoid conflict with seniors. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2001 · age 11**Mixed****Health sensitivity: Low · Personal year 7** (reflection and rest)

Periods: Moon–Venus, then Moon–Sun. Still in Moon–Venus: expect continuity rather than a fresh start in comforts and relationships. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Taurus (9th from Moon). Jupiter's transit adds protection and opportunity.

Work, studies and money. Learning comes easily; a good time to pick subjects or courses that shape your career.

Health. Good vitality overall, with routine childhood illnesses only.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Family support is good; elders' blessings are protective.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2002 · age 12**Excellent****Health sensitivity: Low · Personal year 8** (money and authority)

Periods: Moon–Sun, then Mars–Mars, then Mars–Rahu. The Rahu sub-period brings Rahu, placed in your 6th house (health, debts and competition) into focus; for your chart this is a mixed influence layered on the broader Mars story of drive, property and career rise. A new chapter opens: Mars mahadasha begins in March 2002 and runs to March 2009. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Taurus (9th from Moon).

Work, studies and money. A strong academic year with confidence in exams and competitions.

Health. Generally healthy; watch minor falls and stomach upsets.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Mars: blood pressure, acidity, inflammation, injuries and cuts; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Bond with siblings and parents grows; a change of house or school is possible.

Tip. Traditional remedy for this period: avoid shortcuts and intoxicants; Durga worship is traditional.

2003 · age 13**Excellent****Health sensitivity: Low · Personal year 9** (completion and letting go)

Periods: Mars–Rahu, then Mars–Jupiter. The Mars–Rahu combination continues from last year, so its themes (ambition and unconventional change) keep developing. Jupiter moves through Cancer (11th from your Moon, 12th from lagna), Saturn through Gemini (10th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Studies go well; good marks, recognition from teachers and a clear sense of direction.

Health. Health looks steady in the chart this year. Keep an eye on anxiety, allergies and hard-to-diagnose complaints and keep up regular check-ups.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mars: blood pressure, acidity, inflammation, injuries and cuts; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 11th house: calves, ankles and circulation; Jupiter transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Home life is the centre; the mother's and father's health and finances shape the year.

Tip. Traditional remedy for this period: avoid shortcuts and intoxicants; Durga worship is traditional.

2004 · age 14**Excellent****Health sensitivity: Moderate · Personal year 1** (new beginnings)

Periods: Mars–Jupiter, then Mars–Saturn. The Jupiter sub-period brings Jupiter, lord of your 5th and 8th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a mixed influence layered on the broader Mars story of drive, property and career rise. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Gemini (10th from Moon). Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Learning comes easily; a good time to pick subjects or courses that shape your career. Mercury/Jupiter influence favours exams, languages and analytical subjects.

Health. Some health ups and downs around liver, weight and blood sugar; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mars: blood pressure, acidity, inflammation, injuries and cuts; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 11th house: calves, ankles and circulation. Keep up regular medical check-ups.

Family, marriage and children. Family support is good; elders' blessings are protective.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

2005 · age 15**Excellent****Health sensitivity: Low · Personal year 2** (patience and partnerships)

Periods: Mars–Saturn, then Mars–Mercury. The Saturn sub-period brings Saturn, lord of your 6th and 7th placed in the 5th (children, intelligence and romance) into focus; for your chart this is a mixed influence layered on the broader Mars story of drive, property and career rise. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Cancer (11th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results.

Work, studies and money. A strong academic year with confidence in exams and competitions.

Health. Good energy this year; a sensible routine keeps joints, back, teeth and chronic fatigue in check.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mars: blood pressure, acidity, inflammation, injuries and cuts; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Bond with siblings and parents grows; a change of house or school is possible.

KP view. Mars–Saturn until Sep: no strong KP activation, a period for routine and consolidation; Mars–Mercury from Sep: studies.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2006 · age 16**Excellent****Health sensitivity: Low · Personal year 3** (growth and expression)

Periods: Mars–Mercury, then Mars–Ketu. The Mercury sub-period brings Mercury, lord of your 2nd and 11th placed in the 1st (self, body and confidence) into focus; for your chart this is a mixed influence layered on the broader Mars story of drive, property and career rise. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Cancer (11th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Studies go well; good marks, recognition from teachers and a clear sense of direction. Mercury/Jupiter influence favours exams, languages and analytical subjects.

Health. Health looks steady in the chart this year. Keep an eye on nerves, skin and breathing and keep up regular check-ups.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mars: blood pressure, acidity, inflammation, injuries and cuts; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Home life is the centre; the mother's and father's health and finances shape the year.

KP view. Mars–Mercury until Sep: studies; Mars–Ketu from Sep: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2007 · age 17**Good****Health sensitivity: Low · Personal year 4** (hard work and foundations)

Periods: Mars-Ketu, then Mars-Venus. The Venus sub-period brings Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Mars story of drive, property and career rise. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Cancer (11th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results.

Work, studies and money. Learning comes easily; a good time to pick subjects or courses that shape your career.

Health. Vitality is strong; a good year to build exercise habits.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mars: blood pressure, acidity, inflammation, injuries and cuts; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Family support is good; elders' blessings are protective.

KP view. Mars-Ketu until Feb: no strong KP activation, a period for routine and consolidation; Mars-Venus from Feb: studies, foreign travel.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2008 · age 18**Good****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 5** (change and travel)

Periods: Mars-Venus, then Mars-Sun, then Mars-Moon. The Sun sub-period brings Sun, lord of your 1st placed in the 1st (self, body and confidence) into focus; for your chart this is a supportive influence layered on the broader Mars story of drive, property and career rise. Jupiter moves through Sagittarius (4th from your Moon, 5th from lagna), Saturn through Leo (12th from Moon). Sade Sati is running, rising (first) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. A strong academic year with confidence in exams and competitions.

Health. Good energy this year; a sensible routine keeps heart, eyes and vitality in check.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mars: blood pressure, acidity, inflammation, injuries and cuts; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn transiting your 1st house: head. Keep up regular medical check-ups.

Family, marriage and children. Friendships and early attractions matter; keep focus on studies.

KP view. Mars-Venus until Apr: studies, foreign travel; Mars-Sun from Apr: no strong KP activation, a period for routine and consolidation; Mars-Moon from Aug: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2009 · age 19**Challenging**

Health sensitivity: High · Career sensitivity: Moderate · Personal year 6 (family and responsibility)

Periods: Mars–Moon, then Rahu–Rahu. The Rahu period begins, activating Rahu, placed in your 6th house (health, debts and competition). The main themes are ambition, technology, foreign links and unconventional gains. A new chapter opens: Rahu mahadasha begins in March 2009 and runs to March 2027. Jupiter moves through Capricorn (5th from your Moon, 6th from lagna), Saturn through Leo (12th from Moon). Sade Sati is running, rising (first) phase: progress comes through patience, routine and less ego, not shortcuts. Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Concentration can waver; distractions or a change of school or course are possible. Steady routine helps.

Health. A health-sensitive year. Get a full check-up early in the year; anxiety, allergies and hard-to-diagnose complaints need the most care.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mars: blood pressure, acidity, inflammation, injuries and cuts; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 1st house: head; Jupiter transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Friendships and early attractions matter; keep focus on studies.

KP view. Mars–Moon until Mar: no strong KP activation, a period for routine and consolidation; Rahu–Rahu from Mar: career moves, income and savings.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Mind:** Sade Sati or Rahu/Moon periods under Saturn: worry, poor sleep, low mood. Regular sleep, meditation or prayer, less screen time; talk to someone you trust. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2010 · age 20**Tough**

Health sensitivity: High · Career sensitivity: Low · Personal year 7 (reflection and rest)

The whole year runs under Rahu mahadasha with Rahu antardasha. Still in Rahu–Rahu: expect continuity rather than a fresh start in ambition and unconventional change. Jupiter moves through Pisces (7th from your Moon, 8th from lagna), Saturn through Virgo (1st from Moon). Sade Sati is running, peak (middle) phase: progress comes through patience, routine and less ego, not shortcuts. Jupiter's transit adds protection and opportunity.

Work, studies and money. Mixed academic results; avoid bad company and keep a fixed study schedule.

Health. Lower stamina is likely; focus on anxiety, allergies and hard-to-diagnose complaints, follow medical advice and keep routines strict.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 2nd house: face, eyes, teeth and throat; Jupiter transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Friendships and early attractions matter; keep focus on studies.

KP view. Rahu–Rahu: marriage, career moves, income and savings.

Why this year is rated tough: Family: Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health. **Health:** Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Mind:** Sade Sati or Rahu/Moon periods under Saturn: worry, poor sleep, low mood. Regular sleep, meditation or prayer, less screen time; talk to someone you trust.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2011 · age 21**Tough****Health sensitivity: Very high · Career sensitivity: Low · Personal year 8** (money and authority)

Periods: Rahu–Rahu, then Rahu–Jupiter. Rahu's sub-period carries on; what began last year around ambition and unconventional change matures now. Jupiter moves through Aries (8th from your Moon, 9th from lagna), Saturn through Virgo (1st from Moon). Sade Sati is running, peak (middle) phase: progress comes through patience, routine and less ego, not shortcuts. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Results need extra effort; a teacher or mentor makes the difference.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: anxiety, allergies and hard-to-diagnose complaints need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 2nd house: face, eyes, teeth and throat. Keep up regular medical check-ups.

Family, marriage and children. Friendships and early attractions matter; keep focus on studies.

KP view. Rahu–Rahu until Nov: marriage, career moves, income and savings; Rahu–Jupiter from Nov: marriage, career moves, income and savings, business and partnerships.

Why this year is rated tough: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health. **Mind:** Sade Sati or Rahu/Moon periods under Saturn: worry, poor sleep, low mood. Regular sleep, meditation or prayer, less screen time; talk to someone you trust.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2012 · age 22**Mixed****Health sensitivity: Very high · Career sensitivity: Low · Personal year 9** (completion and letting go)

The whole year runs under Rahu mahadasha with Jupiter antardasha. The Jupiter sub-period brings Jupiter, lord of your 5th and 8th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a mixed influence layered on the broader Rahu story of ambition and unconventional change. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Libra (2nd from Moon). Sade Sati is running, setting (last) phase: progress comes through patience, routine and less ego, not shortcuts. Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Studies go well; good marks, recognition from teachers and a clear sense of direction. Mercury/Jupiter influence favours exams, languages and analytical subjects.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: serious or long-term conditions (traditionally 8th-house matters) need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 3rd house: shoulders, arms and lungs. Keep up regular medical check-ups.

Family, marriage and children. Friendships and early attractions matter; keep focus on studies.

KP view. Rahu–Jupiter: marriage, career moves, income and savings, children, business and partnerships.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2013 · age 23**Mixed****Health sensitivity: Very high · Career sensitivity: Low · Personal year 1** (new beginnings)

The whole year runs under Rahu mahadasha with Jupiter antardasha. Still in Rahu-Jupiter: expect continuity rather than a fresh start in wisdom, children and fortune. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Libra (2nd from Moon). Sade Sati is running, setting (last) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. Progress comes in phases, slower in the first half and better later, or vice versa depending on sub-periods. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: serious or long-term conditions (traditionally 8th-house matters) need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 3rd house: shoulders, arms and lungs. Keep up regular medical check-ups.

Family, marriage and children. Children window (if married): a strong window for childbirth; Jupiter and the 5th house are activated together.

KP view. Rahu-Jupiter: marriage, career moves, income and savings, children, business and partnerships.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2014 · age 24**Challenging****Health sensitivity: Very high · Career sensitivity: Very high · Personal year 2** (patience and partnerships)

Periods: Rahu-Jupiter, then Rahu-Saturn. The Saturn sub-period brings Saturn, lord of your 6th and 7th placed in the 5th (children, intelligence and romance) into focus; for your chart this is a mixed influence layered on the broader Rahu story of ambition and unconventional change. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Libra (2nd from Moon). Sade Sati is running, setting (last) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: joints, back, teeth and chronic fatigue need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 3rd house: shoulders, arms and lungs. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: one of the strongest marriage windows in the chart. Dasha and Jupiter/Saturn transits both point to the 7th house; a proposal, engagement or wedding is well supported. **Children window (if married):** a strong window for childbirth; Jupiter and the 5th house are activated together.

KP view. Rahu-Jupiter until Apr: marriage, career moves, income and savings, children, business and partnerships; Rahu-Saturn from Apr: career moves, foreign travel, business and partnerships.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Mind:** Sade Sati or Rahu/Moon periods under Saturn: worry, poor sleep, low mood. Regular sleep, meditation or prayer, less screen time; talk to someone you trust.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2015 · age 25**Mixed****Health sensitivity: High · Career sensitivity: High · Personal year 3** (growth and expression)

The whole year runs under Rahu mahadasha with Saturn antardasha. The Rahu-Saturn combination continues from last year, so its themes (duty, discipline and long-term results) keep developing. Jupiter moves through Cancer (11th from your Moon, 12th from lagna), Saturn through Scorpio (3rd from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Steady but unspectacular at work; consistent effort keeps income stable. Rahu can bring foreign connections, technology or online income, but check every contract carefully. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. A health-sensitive year. Get a full check-up early in the year; joints, back, teeth and chronic fatigue need the most care.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 4th house: chest, heart and breasts; Jupiter transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Family life is warm; good for celebrations, travel together and harmony with in-laws.

KP view. Rahu-Saturn: career moves, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2016 · age 26**Challenging****Health sensitivity: High · Career sensitivity: Moderate · Personal year 4** (hard work and foundations)

The whole year runs under Rahu mahadasha with Saturn antardasha. Still in Rahu-Saturn: expect continuity rather than a fresh start in duty, discipline and long-term results. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Scorpio (3rd from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Lower stamina is likely; focus on joints, back, teeth and chronic fatigue, follow medical advice and keep routines strict.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 4th house: chest, heart and breasts. Keep up regular medical check-ups.

Family, marriage and children. Ordinary family year; give time to parents and partner.

KP view. Rahu-Saturn: career moves, foreign travel, business and partnerships.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Career:** Saturn pressing on the 4th, 8th or 10th: workload, politics or unwanted changes. Don't resign in a hurry; keep records of your work; upskill; avoid conflict with seniors.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2017 · age 27**Mixed****Health sensitivity: Moderate · Career sensitivity: Moderate · Personal year 5** (change and travel)

Periods: Rahu–Saturn, then Rahu–Mercury. The Mercury sub-period brings Mercury, lord of your 2nd and 11th placed in the 1st (self, body and confidence) into focus; for your chart this is a mixed influence layered on the broader Rahu story of ambition and unconventional change. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Sagittarius (4th from Moon).

Work, studies and money. Some gains, some expenses; a reasonable year if you avoid big risks. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Stress shows up in the body; manage anxiety, allergies and hard-to-diagnose complaints with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: a moderate window. Serious relationship talks or a match are possible, and if already married, bonding improves.

KP view. Rahu–Saturn until Feb: career moves, foreign travel, business and partnerships; Rahu–Mercury from Feb: marriage, career moves, income and savings, children, home, vehicle or property.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2018 · age 28**Mixed****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 6** (family and responsibility)

The whole year runs under Rahu mahadasha with Mercury antardasha. The Rahu–Mercury combination continues from last year, so its themes (communication, business and expenses) keep developing. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Sagittarius (4th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Steady but unspectacular at work; consistent effort keeps income stable. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Moderate health care needed: anxiety, allergies and hard-to-diagnose complaints may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: one of the strongest marriage windows in the chart. Dasha and Jupiter/Saturn transits both point to the 7th house; a proposal, engagement or wedding is well supported.

KP view. Rahu–Mercury: marriage, career moves, income and savings, children, home, vehicle or property.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2019 · age 29**Challenging**

Health sensitivity: Moderate · Career sensitivity: Low · Personal year 7 (reflection and rest)

Periods: Rahu–Mercury, then Rahu–Ketu. Still in Rahu–Mercury: expect continuity rather than a fresh start in communication, business and expenses. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Sagittarius (4th from Moon).

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Some health ups and downs around anxiety, allergies and hard-to-diagnose complaints; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: a moderate window. Serious relationship talks or a match are possible, and if already married, bonding improves. **Children window (if married):** a supportive window for conceiving or for a child's milestone.

KP view. Rahu–Mercury until Sep: marriage, career moves, income and savings, children, home, vehicle or property; Rahu–Ketu from Sep: marriage, career moves, income and savings, children.

Why this year is rated challenging: Career: Saturn pressing on the 4th, 8th or 10th: workload, politics or unwanted changes. Don't resign in a hurry; keep records of your work; upskill; avoid conflict with seniors.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2020 · age 30**Mixed**

Health sensitivity: Moderate · Career sensitivity: Moderate · Personal year 8 (money and authority)

Periods: Rahu–Ketu, then Rahu–Venus. The Ketu sub-period brings Ketu, placed in your 12th house (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Rahu story of ambition and unconventional change. Jupiter moves through Sagittarius (4th from your Moon, 5th from lagna), Saturn through Capricorn (5th from Moon).

Work, studies and money. Some gains, some expenses; a reasonable year if you avoid big risks. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Stress shows up in the body; manage minor injuries, viral fevers and skin eruptions with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Children window (if married): a supportive window for conceiving or for a child's milestone.

KP view. Rahu–Ketu until Oct: marriage, career moves, income and savings, children; Rahu–Venus from Oct: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: Ganesha worship and helping stray dogs are traditional remedies.

2021 · age 31**Mixed****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 9** (completion and letting go)

The whole year runs under Rahu mahadasha with Venus antardasha. The Venus sub-period brings Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Rahu story of ambition and unconventional change. Jupiter moves through Capricorn (5th from your Moon, 6th from lagna), Saturn through Capricorn (5th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Steady but unspectacular at work; consistent effort keeps income stable. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Health looks steady in the chart this year. Keep an eye on kidneys, urinary and reproductive health and keep up regular check-ups.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 6th house: digestion and intestines; Jupiter transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: a moderate window. Serious relationship talks or a match are possible, and if already married, bonding improves.

KP view. Rahu-Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2022 · age 32**Mixed****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 1** (new beginnings)

The whole year runs under Rahu mahadasha with Venus antardasha. Still in Rahu-Venus: expect continuity rather than a fresh start in comforts and relationships. Jupiter moves through Pisces (7th from your Moon, 8th from lagna), Saturn through Capricorn (5th from Moon). Jupiter's transit adds protection and opportunity.

Work, studies and money. Progress comes in phases, slower in the first half and better later, or vice versa depending on sub-periods. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Vitality is strong; a good year to build exercise habits.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 6th house: digestion and intestines; Jupiter transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: one of the strongest marriage windows in the chart. Dasha and Jupiter/Saturn transits both point to the 7th house; a proposal, engagement or wedding is well supported.

KP view. Rahu-Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2023 · age 33**Good****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 2** (patience and partnerships)

Periods: Rahu–Venus, then Rahu–Sun. Venus's sub-period carries on; what began last year around comforts and relationships matures now. Jupiter moves through Aries (8th from your Moon, 9th from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Good energy this year; a sensible routine keeps kidneys, urinary and reproductive health in check.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: a moderate window. Serious relationship talks or a match are possible, and if already married, bonding improves.

KP view. Rahu–Venus until Oct: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships; Rahu–Sun from Oct: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2024 · age 34**Excellent****Health sensitivity: Low · Career sensitivity: Low · Personal year 3** (growth and expression)

Periods: Rahu–Sun, then Rahu–Moon. The Sun sub-period brings Sun, lord of your 1st placed in the 1st (self, body and confidence) into focus; for your chart this is a supportive influence layered on the broader Rahu story of ambition and unconventional change. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Health looks steady in the chart this year. Keep an eye on anxiety, allergies and hard-to-diagnose complaints and keep up regular check-ups.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Family life is warm; good for celebrations, travel together and harmony with in-laws.

KP view. Rahu–Sun until Aug: no strong KP activation, a period for routine and consolidation; Rahu–Moon from Aug: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy for this period: offer water to the Sun at sunrise and respect your father/elders.

2025 · age 35**Challenging****Health sensitivity: Low · Career sensitivity: Low · Personal year 4** (hard work and foundations)

The whole year runs under Rahu mahadasha with Moon antardasha. The Moon sub-period brings Moon, lord of your 12th placed in the 2nd (money, family and speech) into focus; for your chart this is a testing influence layered on the broader Rahu story of ambition and unconventional change. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Pisces (7th from Moon).

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Vitality is strong; a good year to build exercise habits.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Relationship patience is needed; Saturn tests communication with partner. Avoid harsh words.

KP view. Rahu–Moon: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy for this period: keep Mondays simple, meditate and respect your mother.

2026 · age 36**Excellent****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 5** (change and travel)

Periods: Rahu–Moon, then Rahu–Mars. The Mars sub-period brings Mars, lord of your 4th and 9th placed in the 10th (career and public status) into focus; for your chart this is a supportive influence layered on the broader Rahu story of ambition and unconventional change. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Pisces (7th from Moon).

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way. Mars is your yogakaraka (lord of both a kendra and a trikona), so this period favours career rise and energy-related work. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. Good energy this year; a sensible routine keeps anxiety, allergies and hard-to-diagnose complaints in check.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Mars: blood pressure, acidity, inflammation, injuries and cuts; Saturn transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Children window (if married): a strong window for childbirth; Jupiter and the 5th house are activated together.

KP view. Rahu–Moon until Feb: no strong KP activation, a period for routine and consolidation; Rahu–Mars from Feb: home, vehicle or property, foreign travel.

Tip. Traditional remedy for this period: recite Hanuman Chalisa on Tuesdays and control temper.

2027 · age 37**Mixed****Health sensitivity: Very high · Career sensitivity: High · Personal year 6** (family and responsibility)

Periods: Rahu–Mars, then Jupiter–Jupiter. The Jupiter period begins, activating Jupiter, lord of your 5th and 8th placed in the 12th (expenses, foreign lands, sleep and spirituality). The main themes are wisdom, children, teachers, finance and blessings. A new chapter opens: Jupiter mahadasha begins in March 2027 and runs to March 2043. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Pisces (7th from Moon). Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Steady but unspectacular at work; consistent effort keeps income stable.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: serious or long-term conditions (traditionally 8th-house matters) need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Mars: blood pressure, acidity, inflammation, injuries and cuts; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Children window (if married): a supportive window for conceiving or for a child's milestone.

KP view. Rahu–Mars until Mar: home, vehicle or property, foreign travel; Jupiter–Jupiter from Mar: marriage, career moves, income and savings, children, business and partnerships.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

2028 · age 38**Challenging****Health sensitivity: Very high · Career sensitivity: Low · Personal year 7** (reflection and rest)

The whole year runs under Jupiter mahadasha with Jupiter antardasha. Still in Jupiter–Jupiter: expect continuity rather than a fresh start in wisdom, children and fortune. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Aries (8th from Moon). Saturn is 8th from your Moon (Ashtama Shani): expect obstacles, delays and fatigue; avoid risky bets and keep health checks regular.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: serious or long-term conditions (traditionally 8th-house matters) need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 9th house: hips and thighs. Keep up regular medical check-ups.

Family, marriage and children. Relationship patience is needed; Saturn tests communication with partner. Avoid harsh words.

KP view. Jupiter–Jupiter: marriage, career moves, income and savings, children, business and partnerships.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Career:** Saturn pressing on the 4th, 8th or 10th: workload, politics or unwanted changes. Don't resign in a hurry; keep records of your work; upskill; avoid conflict with seniors.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2029 · age 39**Challenging**

Health sensitivity: Very high · Career sensitivity: Moderate · Personal year 8 (money and authority)

Periods: Jupiter–Jupiter, then Jupiter–Saturn. The Saturn sub-period brings Saturn, lord of your 6th and 7th placed in the 5th (children, intelligence and romance) into focus; for your chart this is a mixed influence layered on the broader Jupiter story of wisdom, children and fortune. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Aries (8th from Moon). Saturn is 8th from your Moon (Ashtama Shani): expect obstacles, delays and fatigue; avoid risky bets and keep health checks regular. Grace from Jupiter's transit helps family and finances.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: serious or long-term conditions (traditionally 8th-house matters) need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 9th house: hips and thighs. Keep up regular medical check-ups.

Family, marriage and children. Spouse and family support you; a happy domestic year.

KP view. Jupiter–Jupiter until May: marriage, career moves, income and savings, children, business and partnerships; Jupiter–Saturn from May: career moves, business and partnerships.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Career:** Saturn pressing on the 4th, 8th or 10th: workload, politics or unwanted changes. Don't resign in a hurry; keep records of your work; upskill; avoid conflict with seniors.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2030 · age 40**Mixed**

Health sensitivity: Very high · Career sensitivity: Low · Personal year 9 (completion and letting go)

The whole year runs under Jupiter mahadasha with Saturn antardasha. The Jupiter–Saturn combination continues from last year, so its themes (duty, discipline and long-term results) keep developing. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Taurus (9th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Steady but unspectacular at work; consistent effort keeps income stable. Saturn crossing your 10th house means heavier responsibility and a slow but lasting rise.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: serious or long-term conditions (traditionally 8th-house matters) need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: a moderate window. Serious relationship talks or a match are possible, and if already married, bonding improves.

KP view. Jupiter–Saturn: career moves, business and partnerships.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2031 · age 41**Mixed****Health sensitivity: High · Career sensitivity: Moderate · Personal year 1** (new beginnings)

Periods: Jupiter–Saturn, then Jupiter–Mercury. Still in Jupiter–Saturn: expect continuity rather than a fresh start in duty, discipline and long-term results. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Taurus (9th from Moon).

Work, studies and money. Progress comes in phases, slower in the first half and better later, or vice versa depending on sub-periods. Saturn crossing your 10th house means heavier responsibility and a slow but lasting rise.

Health. Lower stamina is likely; focus on serious or long-term conditions (traditionally 8th-house matters), follow medical advice and keep routines strict.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Marriage window: one of the strongest marriage windows in the chart. Dasha and Jupiter/Saturn transits both point to the 7th house; a proposal, engagement or wedding is well supported. **Children window (if married):** a strong window for childbirth; Jupiter and the 5th house are activated together.

KP view. Jupiter–Saturn until Nov: career moves, business and partnerships; Jupiter–Mercury from Nov: marriage, career moves, income and savings, children, home, vehicle or property.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2032 · age 42**Good****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 2** (patience and partnerships)

The whole year runs under Jupiter mahadasha with Mercury antardasha. The Mercury sub-period brings Mercury, lord of your 2nd and 11th placed in the 1st (self, body and confidence) into focus; for your chart this is a mixed influence layered on the broader Jupiter story of wisdom, children and fortune. Jupiter moves through Capricorn (5th from your Moon, 6th from lagna), Saturn through Gemini (10th from Moon). Grace from Jupiter's transit helps family and finances.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way.

Health. Good energy this year; a sensible routine keeps liver, weight and blood sugar in check.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 11th house: calves, ankles and circulation; Jupiter transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Children window (if married): a supportive window for conceiving or for a child's milestone.

KP view. Jupiter–Mercury: marriage, career moves, income and savings, children, home, vehicle or property.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2033 · age 43**Good****Health sensitivity: Low · Career sensitivity: Low · Personal year 3** (growth and expression)

The whole year runs under Jupiter mahadasha with Mercury antardasha. The Jupiter–Mercury combination continues from last year, so its themes (communication, business and expenses) keep developing. Jupiter moves through Aquarius (6th from your Moon, 7th from lagna), Saturn through Gemini (10th from Moon).

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way.

Health. Health looks steady in the chart this year. Keep an eye on liver, weight and blood sugar and keep up regular check-ups.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 11th house: calves, ankles and circulation. Keep up regular medical check-ups.

Family, marriage and children. Ordinary family year; give time to parents and partner.

KP view. Jupiter–Mercury: marriage, career moves, income and savings, children, home, vehicle or property.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2034 · age 44**Good****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 4** (hard work and foundations)

Periods: Jupiter–Mercury, then Jupiter–Ketu. The Ketu sub-period brings Ketu, placed in your 12th house (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Jupiter story of wisdom, children and fortune. Jupiter moves through Pisces (7th from your Moon, 8th from lagna), Saturn through Gemini (10th from Moon). Jupiter's transit adds protection and opportunity.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way.

Health. Some health ups and downs around minor injuries, viral fevers and skin eruptions; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn transiting your 11th house: calves, ankles and circulation; Jupiter transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Children window (if married): a supportive window for conceiving or for a child's milestone.

KP view. Jupiter–Mercury until Feb: marriage, career moves, income and savings, children, home, vehicle or property; Jupiter–Ketu from Feb: marriage, career moves, income and savings, children.

Tip. Traditional remedy for this period: Ganesha worship and helping stray dogs are traditional remedies.

2035 · age 45**Good****Health sensitivity: Moderate · Career sensitivity: High · Personal year 5** (change and travel)

Periods: Jupiter–Ketu, then Jupiter–Venus. The Venus sub-period brings Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Jupiter story of wisdom, children and fortune. Jupiter moves through Aries (8th from your Moon, 9th from lagna), Saturn through Cancer (11th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Stress shows up in the body; manage kidneys, urinary and reproductive health with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Children window (if married): a supportive window for conceiving or for a child's milestone.

KP view. Jupiter–Ketu until Jan: marriage, career moves, income and savings, children; Jupiter–Venus from Jan: marriage, career moves, income and savings, children, home, vehicle or property, business and partnerships.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2036 · age 46**Good****Health sensitivity: Moderate · Career sensitivity: High · Personal year 6** (family and responsibility)

The whole year runs under Jupiter mahadasha with Venus antardasha. The Jupiter-Venus combination continues from last year, so its themes (comforts and relationships) keep developing. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Cancer (11th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Moderate health care needed: kidneys, urinary and reproductive health may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Jupiter-Venus: marriage, career moves, income and savings, children, home, vehicle or property, business and partnerships.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2037 · age 47**Good****Health sensitivity: Moderate · Career sensitivity: High · Personal year 7** (reflection and rest)

Periods: Jupiter-Venus, then Jupiter-Sun. Still in Jupiter-Venus: expect continuity rather than a fresh start in comforts and relationships. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Leo (12th from Moon). Sade Sati is running, rising (first) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way.

Health. Some health ups and downs around kidneys, urinary and reproductive health; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Saturn transiting your 1st house: head. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Jupiter-Venus until Sep: marriage, career moves, income and savings, children, home, vehicle or property, business and partnerships; Jupiter-Sun from Sep: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2038 · age 48**Good****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 8** (money and authority)

Periods: Jupiter-Sun, then Jupiter-Moon. The Sun sub-period brings Sun, lord of your 1st placed in the 1st (self, body and confidence) into focus; for your chart this is a supportive influence layered on the broader Jupiter story of wisdom, children and fortune. Jupiter moves through Cancer (11th from your Moon, 12th from lagna), Saturn through Leo (12th from Moon). Sade Sati is running, rising (first) phase: progress comes through patience, routine and less ego, not shortcuts. Grace from Jupiter's transit helps family and finances.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Stress shows up in the body; manage liver, weight and blood sugar with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn transiting your 1st house: head; Jupiter transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Jupiter-Sun until Jul: no strong KP activation, a period for routine and consolidation; Jupiter-Moon from Jul: marriage, career moves, income and savings, children.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2039 · age 49**Tough****Health sensitivity: High · Career sensitivity: Low · Personal year 9** (completion and letting go)

Periods: Jupiter–Moon, then Jupiter–Mars. The Moon sub-period brings Moon, lord of your 12th placed in the 2nd (money, family and speech) into focus; for your chart this is a testing influence layered on the broader Jupiter story of wisdom, children and fortune. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Virgo (1st from Moon). Sade Sati is running, peak (middle) phase: progress comes through patience, routine and less ego, not shortcuts. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading.

Health. A health-sensitive year. Get a full check-up early in the year; serious or long-term conditions (traditionally 8th-house matters) need the most care.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Mars: blood pressure, acidity, inflammation, injuries and cuts; Saturn transiting your 2nd house: face, eyes, teeth and throat. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Jupiter–Moon until Nov: marriage, career moves, income and savings, children; Jupiter–Mars from Nov: home, vehicle or property.

Why this year is rated tough: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Mind:** Sade Sati or Rahu/Moon periods under Saturn: worry, poor sleep, low mood. Regular sleep, meditation or prayer, less screen time; talk to someone you trust.

Money: Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2040 · age 50**Excellent****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 1** (new beginnings)

Periods: Jupiter–Mars, then Jupiter–Rahu. The Mars sub-period brings Mars, lord of your 4th and 9th placed in the 10th (career and public status) into focus; for your chart this is a supportive influence layered on the broader Jupiter story of wisdom, children and fortune. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Virgo (1st from Moon). Sade Sati is running, peak (middle) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way. Mars is your yogakaraka (lord of both a kendra and a trikona), so this period favours career rise and energy-related work.

Health. Some health ups and downs around liver, weight and blood sugar; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Mars: blood pressure, acidity, inflammation, injuries and cuts; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 2nd house: face, eyes, teeth and throat. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Jupiter–Mars until Oct: home, vehicle or property; Jupiter–Rahu from Oct: marriage, career moves, income and savings, children.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2041 · age 51**Challenging**

Health sensitivity: Very high · Career sensitivity: Low · Personal year 2 (patience and partnerships)

The whole year runs under Jupiter mahadasha with Rahu antardasha. The Rahu sub-period brings Rahu, placed in your 6th house (health, debts and competition) into focus; for your chart this is a mixed influence layered on the broader Jupiter story of wisdom, children and fortune. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Virgo (1st from Moon). Sade Sati is running, peak (middle) phase: progress comes through patience, routine and less ego, not shortcuts. Grace from Jupiter's transit helps family and finances.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: serious or long-term conditions (traditionally 8th-house matters) need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 2nd house: face, eyes, teeth and throat. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Jupiter–Rahu: marriage, career moves, income and savings, children.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health. **Mind:** Sade Sati or Rahu/Moon periods under Saturn: worry, poor sleep, low mood. Regular sleep, meditation or prayer, less screen time; talk to someone you trust.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2042 · age 52**Challenging**

Health sensitivity: Very high · Career sensitivity: Low · Personal year 3 (growth and expression)

The whole year runs under Jupiter mahadasha with Rahu antardasha. The Jupiter–Rahu combination continues from last year, so its themes (ambition and unconventional change) keep developing. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Libra (2nd from Moon). Sade Sati is running, setting (last) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: serious or long-term conditions (traditionally 8th-house matters) need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 3rd house: shoulders, arms and lungs. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Jupiter–Rahu: marriage, career moves, income and savings, children.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2043 · age 53**Tough****Health sensitivity: High · Career sensitivity: Moderate · Personal year 4** (hard work and foundations)

Periods: Jupiter–Rahu, then Saturn–Saturn. The Saturn period begins, activating Saturn, lord of your 6th and 7th placed in the 5th (children, intelligence and romance). The main themes are hard work, discipline, servants, delays and long-term results. A new chapter opens: Saturn mahadasha begins in March 2043 and runs to March 2062. Jupiter moves through Sagittarius (4th from your Moon, 5th from lagna), Saturn through Libra (2nd from Moon). Sade Sati is running, setting (last) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading.

Health. Lower stamina is likely; focus on joints, back, teeth and chronic fatigue, follow medical advice and keep routines strict.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 3rd house: shoulders, arms and lungs. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Jupiter–Rahu until Mar: marriage, career moves, income and savings, children; Saturn–Saturn from Mar: career moves, foreign travel, business and partnerships.

Why this year is rated tough: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2044 · age 54**Good****Health sensitivity: High · Career sensitivity: High · Personal year 5** (change and travel)

The whole year runs under Saturn mahadasha with Saturn antardasha. Saturn's sub-period carries on; what began last year around duty, discipline and long-term results matures now. Jupiter moves through Capricorn (5th from your Moon, 6th from lagna), Saturn through Scorpio (3rd from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Grace from Jupiter's transit helps family and finances.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way.

Health. Take health seriously this year, especially joints, back, teeth and chronic fatigue. Avoid overwork and risky travel or driving.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 4th house: chest, heart and breasts; Jupiter transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Saturn: career moves, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2045 · age 55**Mixed****Health sensitivity: High · Career sensitivity: Moderate · Personal year 6** (family and responsibility)

The whole year runs under Saturn mahadasha with Saturn antardasha. The Saturn–Saturn combination continues from last year, so its themes (duty, discipline and long-term results) keep developing. Jupiter moves through Aquarius (6th from your Moon, 7th from lagna), Saturn through Scorpio (3rd from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results.

Work, studies and money. Steady but unspectacular at work; consistent effort keeps income stable.

Health. A health-sensitive year. Get a full check-up early in the year; joints, back, teeth and chronic fatigue need the most care.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 4th house: chest, heart and breasts. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Saturn: career moves, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2046 · age 56**Good****Health sensitivity: Low · Career sensitivity: Very high · Personal year 7** (reflection and rest)

Periods: Saturn–Saturn, then Saturn–Mercury. The Mercury sub-period brings Mercury, lord of your 2nd and 11th placed in the 1st (self, body and confidence) into focus; for your chart this is a mixed influence layered on the broader Saturn story of duty, discipline and long-term results. Jupiter moves through Pisces (7th from your Moon, 8th from lagna), Saturn through Scorpio (3rd from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter's transit adds protection and opportunity.

Work, studies and money. A productive year for building assets; deals and negotiations tend to go your way.

Health. Vitality is strong; a good year to build exercise habits.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 4th house: chest, heart and breasts; Jupiter transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Saturn until Mar: career moves, foreign travel, business and partnerships; Saturn–Mercury from Mar: marriage, career moves, income and savings, children, home, vehicle or property, business and partnerships.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2047 · age 57**Mixed****Health sensitivity: Moderate · Career sensitivity: Moderate · Personal year 8** (money and authority)

The whole year runs under Saturn mahadasha with Mercury antardasha. Mercury's sub-period carries on; what began last year around communication, business and expenses matures now. Jupiter moves through Aries (8th from your Moon, 9th from lagna), Saturn through Sagittarius (4th from Moon). Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Some gains, some expenses; a reasonable year if you avoid big risks.

Health. Stress shows up in the body; manage joints, back, teeth and chronic fatigue with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Mercury: marriage, career moves, income and savings, children, home, vehicle or property, business and partnerships.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2048 · age 58

Mixed

Health sensitivity: Moderate · Career sensitivity: Moderate · Personal year 9 (completion and letting go)

Periods: Saturn–Mercury, then Saturn–Ketu. The Saturn–Mercury combination continues from last year, so its themes (communication, business and expenses) keep developing. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Sagittarius (4th from Moon).

Work, studies and money. Steady but unspectacular at work; consistent effort keeps income stable.

Health. Moderate health care needed: joints, back, teeth and chronic fatigue may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Mercury until Nov: marriage, career moves, income and savings, children, home, vehicle or property, business and partnerships; Saturn–Ketu from Nov: marriage, career moves, income and savings, children.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2049 · age 59

Mixed

Health sensitivity: High · Career sensitivity: Low · Personal year 1 (new beginnings)

The whole year runs under Saturn mahadasha with Ketu antardasha. The Ketu sub-period brings Ketu, placed in your 12th house (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Saturn story of duty, discipline and long-term results. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Sagittarius (4th from Moon).

Work, studies and money. Progress comes in phases, slower in the first half and better later, or vice versa depending on sub-periods.

Health. Lower stamina is likely; focus on minor injuries, viral fevers and skin eruptions, follow medical advice and keep routines strict.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Ketu: marriage, career moves, income and savings, children.

Tip. Traditional remedy for this period: Ganesha worship and helping stray dogs are traditional remedies.

2050 · age 60

Mixed

Health sensitivity: Low · Career sensitivity: Very high · Personal year 2 (patience and partnerships)

The whole year runs under Saturn mahadasha with Venus antardasha. The Venus sub-period brings Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Saturn story of duty, discipline and long-term results. Jupiter moves through Cancer (11th from your Moon, 12th from lagna), Saturn through Capricorn (5th from Moon). Grace from Jupiter's transit helps family and finances.

Work, studies and money. Some gains, some expenses; a reasonable year if you avoid big risks. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Good energy this year; a sensible routine keeps kidneys, urinary and reproductive health in check.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 6th house: digestion and intestines; Jupiter transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Ketu until Jan: marriage, career moves, income and savings, children; Saturn–Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2051 · age 61**Challenging**

Health sensitivity: Moderate · Career sensitivity: Moderate · Personal year 3 (growth and expression)

The whole year runs under Saturn mahadasha with Venus antardasha. The Saturn–Venus combination continues from last year, so its themes (comforts and relationships) keep developing. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Capricorn (5th from Moon). Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Money can leak through unplanned expenses; avoid lending, guarantees and speculative trading.

Health. Moderate health care needed: kidneys, urinary and reproductive health may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Why this year is rated challenging: Money: Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2052 · age 62**Mixed**

Health sensitivity: Low · Career sensitivity: High · Personal year 4 (hard work and foundations)

The whole year runs under Saturn mahadasha with Venus antardasha. Still in Saturn–Venus: expect continuity rather than a fresh start in comforts and relationships. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results.

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Vitality is strong; a good year to build exercise habits.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2053 · age 63**Excellent****Health sensitivity: Low · Career sensitivity: Low · Personal year 5** (change and travel)

Periods: Saturn–Venus, then Saturn–Sun. The Sun sub-period brings Sun, lord of your 1st placed in the 1st (self, body and confidence) into focus; for your chart this is a supportive influence layered on the broader Saturn story of duty, discipline and long-term results. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates.

Health. Good energy this year; a sensible routine keeps joints, back, teeth and chronic fatigue in check.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Venus until Mar: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships; Saturn–Sun from Mar: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy for this period: offer water to the Sun at sunrise and respect your father/elders.

2054 · age 64**Challenging****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 6** (family and responsibility)

Periods: Saturn–Sun, then Saturn–Moon. The Moon sub-period brings Moon, lord of your 12th placed in the 2nd (money, family and speech) into focus; for your chart this is a testing influence layered on the broader Saturn story of duty, discipline and long-term results. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. Health looks steady in the chart this year. Keep an eye on mind, sleep, fluids and chest and keep up regular check-ups.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Sun until Feb: no strong KP activation, a period for routine and consolidation; Saturn–Moon from Feb: career moves.

Tip. Traditional remedy for this period: keep Mondays simple, meditate and respect your mother.

2055 · age 65**Mixed****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 7** (reflection and rest)

Periods: Saturn–Moon, then Saturn–Mars. Still in Saturn–Moon: expect continuity rather than a fresh start in emotions, family and income. Jupiter moves through Sagittarius (4th from your Moon, 5th from lagna), Saturn through Pisces (7th from Moon).

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Some health ups and downs around mind, sleep, fluids and chest; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Mars: blood pressure, acidity, inflammation, injuries and cuts; Saturn transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Moon until Sep: career moves; Saturn–Mars from Sep: home, vehicle or property, foreign travel.

Tip. Traditional remedy for this period: keep Mondays simple, meditate and respect your mother.

2056 · age 66**Excellent****Health sensitivity: Moderate · Career sensitivity: High · Personal year 8** (money and authority)

Periods: Saturn–Mars, then Saturn–Rahu. The Mars sub-period brings Mars, lord of your 4th and 9th placed in the 10th (career and public status) into focus; for your chart this is a supportive influence layered on the broader Saturn story of duty, discipline and long-term results. Jupiter moves through Capricorn (5th from your Moon, 6th from lagna), Saturn through Pisces (7th from Moon). Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates.

Health. Stress shows up in the body; manage joints, back, teeth and chronic fatigue with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mars: blood pressure, acidity, inflammation, injuries and cuts; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 8th house: reproductive and excretory organs; Jupiter transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Mars until Oct: home, vehicle or property, foreign travel; Saturn–Rahu from Oct: marriage, career moves, income and savings, children.

Tip. Traditional remedy for this period: recite Hanuman Chalisa on Tuesdays and control temper.

2057 · age 67**Tough****Health sensitivity: Very high · Career sensitivity: Low · Personal year 9** (completion and letting go)

The whole year runs under Saturn mahadasha with Rahu antardasha. The Rahu sub-period brings Rahu, placed in your 6th house (health, debts and competition) into focus; for your chart this is a mixed influence layered on the broader Saturn story of duty, discipline and long-term results. Jupiter moves through Aquarius (6th from your Moon, 7th from lagna), Saturn through Aries (8th from Moon). Saturn is 8th from your Moon (Ashtama Shani): expect obstacles, delays and fatigue; avoid risky bets and keep health checks regular.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: anxiety, allergies and hard-to-diagnose complaints need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 9th house: hips and thighs. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Rahu: marriage, career moves, income and savings, children.

Why this year is rated tough: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2058 · age 68**Tough****Health sensitivity: Very high · Career sensitivity: Low · Personal year 1** (new beginnings)

The whole year runs under Saturn mahadasha with Rahu antardasha. Still in Saturn–Rahu: expect continuity rather than a fresh start in ambition and unconventional change. Jupiter moves through Pisces (7th from your Moon, 8th from lagna), Saturn through Aries (8th from Moon). Saturn is 8th from your Moon (Ashtama Shani): expect obstacles, delays and fatigue; avoid risky bets and keep health checks regular. Jupiter's transit adds protection and opportunity.

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: anxiety, allergies and hard-to-diagnose complaints need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 9th house: hips and thighs; Jupiter transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Rahu: marriage, career moves, income and savings, children.

Why this year is rated tough: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2059 · age 69**Challenging****Health sensitivity: Very high · Career sensitivity: Moderate · Personal year 2** (patience and partnerships)

Periods: Saturn–Rahu, then Saturn–Jupiter. Rahu's sub-period carries on; what began last year around ambition and unconventional change matures now. Jupiter moves through Aries (8th from your Moon, 9th from lagna), Saturn through Taurus (9th from Moon). Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates. Rahu can bring foreign connections, technology or online income, but check every contract carefully.

Health. One of the most health-sensitive years in the chart. Dasha and transits both point to the body: anxiety, allergies and hard-to-diagnose complaints need the most care. Get thorough check-ups, don't ignore lasting symptoms, and follow medical advice closely.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Some worry around a parent or elder; otherwise family is supportive.

KP view. Saturn–Rahu until Sep: marriage, career moves, income and savings, children; Saturn–Jupiter from Sep: marriage, career moves, income and savings, children, business and partnerships.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.

Tip. Traditional remedy for this period: avoid shortcuts and intoxicants; Durga worship is traditional.

2060 · age 70**Mixed****Health sensitivity: High · Career sensitivity: Low · Personal year 3** (growth and expression)

The whole year runs under Saturn mahadasha with Jupiter antardasha. The Jupiter sub-period brings Jupiter, lord of your 5th and 8th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a mixed influence layered on the broader Saturn story of duty, discipline and long-term results. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Taurus (9th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. A health-sensitive year. Get a full check-up early in the year; serious or long-term conditions (traditionally 8th-house matters) need the most care. Gentle exercise, fall prevention and regular medicines matter more than ever.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Saturn-Jupiter: marriage, career moves, income and savings, children, business and partnerships.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

2061 · age 71**Mixed****Health sensitivity: High · Career sensitivity: Low · Personal year 4** (hard work and foundations)

The whole year runs under Saturn mahadasha with Jupiter antardasha. Still in Saturn-Jupiter: expect continuity rather than a fresh start in wisdom, children and fortune. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Taurus (9th from Moon).

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Lower stamina is likely; focus on serious or long-term conditions (traditionally 8th-house matters), follow medical advice and keep routines strict. Gentle exercise, fall prevention and regular medicines matter more than ever.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Saturn-Jupiter: marriage, career moves, income and savings, children, business and partnerships.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

2062 · age 72**Good****Health sensitivity: Low · Career sensitivity: Very high · Personal year 5** (change and travel)

Periods: Saturn-Jupiter, then Mercury-Mercury. The Mercury period begins, activating Mercury, lord of your 2nd and 11th placed in the 1st (self, body and confidence). The main themes are business, communication, studies and paperwork. A new chapter opens: Mercury mahadasha begins in March 2062 and runs to March 2079. Jupiter moves through Cancer (11th from your Moon, 12th from lagna), Saturn through Gemini (10th from Moon). Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Good energy this year; a sensible routine keeps nerves, skin and breathing in check.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 11th house: calves, ankles and circulation; Jupiter transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Saturn-Jupiter until Mar: marriage, career moves, income and savings, children, business and partnerships; Mercury-Mercury from Mar: marriage, career moves, income and savings, children, home, vehicle or property.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2063 · age 73**Good****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 6** (family and responsibility)

The whole year runs under Mercury mahadasha with Mercury antardasha. The Mercury–Mercury combination continues from last year, so its themes (communication, business and expenses) keep developing. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Gemini (10th from Moon). Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. Health looks steady in the chart this year. Keep an eye on nerves, skin and breathing and keep up regular check-ups.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 11th house: calves, ankles and circulation. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Mercury–Mercury: marriage, career moves, income and savings, children, home, vehicle or property.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2064 · age 74**Good****Health sensitivity: Low · Career sensitivity: Very high · Personal year 7** (reflection and rest)

Periods: Mercury–Mercury, then Mercury–Ketu. Still in Mercury–Mercury: expect continuity rather than a fresh start in communication, business and expenses. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Cancer (11th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results.

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Vitality is strong; a good year to build exercise habits.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Mercury–Mercury until Aug: marriage, career moves, income and savings, children, home, vehicle or property; Mercury–Ketu from Aug: marriage, career moves, income and savings, children.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2065 · age 75**Good****Health sensitivity: Moderate · Career sensitivity: Very high · Personal year 8** (money and authority)

Periods: Mercury–Ketu, then Mercury–Venus. The Ketu sub-period brings Ketu, placed in your 12th house (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Mercury story of communication, business and expenses. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Cancer (11th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Stress shows up in the body; manage minor injuries, viral fevers and skin eruptions with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Mercury–Ketu until Aug: marriage, career moves, income and savings, children; Mercury–Venus from Aug: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: Ganesha worship and helping stray dogs are traditional remedies.

2066 · age 76**Challenging****Health sensitivity: Low · Career sensitivity: Very high · Personal year 9** (completion and letting go)

The whole year runs under Mercury mahadasha with Venus antardasha. The Venus sub-period brings Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Mercury story of communication, business and expenses. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Leo (12th from Moon). Sade Sati is running, rising (first) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. Moderate health care needed: kidneys, urinary and reproductive health may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 1st house: head. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Mercury-Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2067 · age 77**Challenging****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 1** (new beginnings)

The whole year runs under Mercury mahadasha with Venus antardasha. Still in Mercury-Venus: expect continuity rather than a fresh start in comforts and relationships. Jupiter moves through Sagittarius (4th from your Moon, 5th from lagna), Saturn through Leo (12th from Moon). Sade Sati is running, rising (first) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Some health ups and downs around kidneys, urinary and reproductive health; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 1st house: head. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Mercury-Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Why this year is rated challenging: Money: Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Mind:** Sade Sati or Rahu/Moon periods under Saturn: worry, poor sleep, low mood. Regular sleep, meditation or prayer, less screen time; talk to someone you trust.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2068 · age 78**Good****Health sensitivity: Low · Career sensitivity: Very high · Personal year 2** (patience and partnerships)

Periods: Mercury–Venus, then Mercury–Sun. The Sun sub-period brings Sun, lord of your 1st placed in the 1st (self, body and confidence) into focus; for your chart this is a supportive influence layered on the broader Mercury story of communication, business and expenses. Jupiter moves through Capricorn (5th from your Moon, 6th from lagna), Saturn through Leo (12th from Moon). Sade Sati is running, rising (first) phase: progress comes through patience, routine and less ego, not shortcuts. Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates.

Health. Stress shows up in the body; manage heart, eyes and vitality with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Saturn transiting your 1st house: head; Jupiter transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Mercury–Venus until Jun: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships; Mercury–Sun from Jun: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2069 · age 79**Mixed****Health sensitivity: Low · Career sensitivity: Low · Personal year 3** (growth and expression)

Periods: Mercury–Sun, then Mercury–Moon. The Moon sub-period brings Moon, lord of your 12th placed in the 2nd (money, family and speech) into focus; for your chart this is a testing influence layered on the broader Mercury story of communication, business and expenses. Jupiter moves through Aquarius (6th from your Moon, 7th from lagna), Saturn through Virgo (1st from Moon). Sade Sati is running, peak (middle) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. Moderate health care needed: mind, sleep, fluids and chest may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn transiting your 2nd house: face, eyes, teeth and throat. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Mercury–Sun until Apr: no strong KP activation, a period for routine and consolidation; Mercury–Moon from Apr: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2070 · age 80**Mixed****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 4** (hard work and foundations)

Periods: Mercury–Moon, then Mercury–Mars. Still in Mercury–Moon: expect continuity rather than a fresh start in emotions, family and income. Jupiter moves through Pisces (7th from your Moon, 8th from lagna), Saturn through Virgo (1st from Moon). Sade Sati is running, peak (middle) phase: progress comes through patience, routine and less ego, not shortcuts. Jupiter's transit adds protection and opportunity.

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Some health ups and downs around mind, sleep, fluids and chest; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Mars: blood pressure, acidity, inflammation, injuries and cuts; Saturn transiting your 2nd house: face, eyes, teeth and throat; Jupiter transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Mercury–Moon until Sep: no strong KP activation, a period for routine and consolidation; Mercury–Mars from Sep: home, vehicle or property, foreign travel.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2071 · age 81**Excellent****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 5** (change and travel)

Periods: Mercury–Mars, then Mercury–Rahu. The Mars sub-period brings Mars, lord of your 4th and 9th placed in the 10th (career and public status) into focus; for your chart this is a supportive influence layered on the broader Mercury story of communication, business and expenses. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Libra (2nd from Moon). Sade Sati is running, setting (last) phase: progress comes through patience, routine and less ego, not shortcuts. Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates.

Health. Stress shows up in the body; manage blood pressure, acidity, cuts and inflammation with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Mars: blood pressure, acidity, inflammation, injuries and cuts; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 3rd house: shoulders, arms and lungs. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Mercury–Mars until Sep: home, vehicle or property, foreign travel; Mercury–Rahu from Sep: marriage, career moves, income and savings, children.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2072 · age 82**Challenging**

Health sensitivity: High · Career sensitivity: Low · Personal year 6 (family and responsibility)

The whole year runs under Mercury mahadasha with Rahu antardasha. The Rahu sub-period brings Rahu, placed in your 6th house (health, debts and competition) into focus; for your chart this is a mixed influence layered on the broader Mercury story of communication, business and expenses. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Libra (2nd from Moon). Sade Sati is running, setting (last) phase: progress comes through patience, routine and less ego, not shortcuts. Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. A health-sensitive year. Get a full check-up early in the year; anxiety, allergies and hard-to-diagnose complaints need the most care. Gentle exercise, fall prevention and regular medicines matter more than ever.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 3rd house: shoulders, arms and lungs. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Mercury–Rahu: marriage, career moves, income and savings, children.

Why this year is rated challenging: Health: Periods of the 8th or 6th lord and Saturn's transit point to the body. Full check-up early in the year; keep your doctor's follow-up schedule; rest and diet. **Money:** Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases. **Family:** Saturn on the Moon or 7th from it, or periods of the 7th lord or the nodes: strain with spouse, parents or home. Patience and calm talk at home; share responsibilities; look after elders' and spouse's health.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2073 · age 83**Mixed**

Health sensitivity: High · Career sensitivity: Moderate · Personal year 7 (reflection and rest)

The whole year runs under Mercury mahadasha with Rahu antardasha. Still in Mercury–Rahu: expect continuity rather than a fresh start in ambition and unconventional change. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Libra (2nd from Moon). Sade Sati is running, setting (last) phase: progress comes through patience, routine and less ego, not shortcuts.

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Lower stamina is likely; focus on anxiety, allergies and hard-to-diagnose complaints, follow medical advice and keep routines strict. Gentle exercise, fall prevention and regular medicines matter more than ever.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 3rd house: shoulders, arms and lungs. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Mercury–Rahu: marriage, career moves, income and savings, children.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2074 · age 84**Excellent****Health sensitivity: Moderate · Career sensitivity: High · Personal year 8** (money and authority)

Periods: Mercury–Rahu, then Mercury–Jupiter. The Jupiter sub-period brings Jupiter, lord of your 5th and 8th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a mixed influence layered on the broader Mercury story of communication, business and expenses. Jupiter moves through Cancer (11th from your Moon, 12th from lagna), Saturn through Scorpio (3rd from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Stress shows up in the body; manage liver, weight and blood sugar with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 4th house: chest, heart and breasts; Jupiter transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Mercury–Rahu until Mar: marriage, career moves, income and savings, children; Mercury–Jupiter from Mar: marriage, career moves, income and savings, children, business and partnerships.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

2075 · age 85**Good****Health sensitivity: High · Career sensitivity: Low · Personal year 9** (completion and letting go)

The whole year runs under Mercury mahadasha with Jupiter antardasha. The Mercury–Jupiter combination continues from last year, so its themes (wisdom, children and fortune) keep developing. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Scorpio (3rd from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. A health-sensitive year. Get a full check-up early in the year; serious or long-term conditions (traditionally 8th-house matters) need the most care. Gentle exercise, fall prevention and regular medicines matter more than ever.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 4th house: chest, heart and breasts. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Mercury–Jupiter: marriage, career moves, income and savings, children, business and partnerships.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

2076 · age 86**Mixed****Health sensitivity: Moderate · Career sensitivity: Very high · Personal year 1** (new beginnings)

Periods: Mercury–Jupiter, then Mercury–Saturn. Still in Mercury–Jupiter: expect continuity rather than a fresh start in wisdom, children and fortune. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Sagittarius (4th from Moon).

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Some health ups and downs around liver, weight and blood sugar; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Mercury–Jupiter until Jul: marriage, career moves, income and savings, children, business and partnerships; Mercury–Saturn from Jul: marriage, career moves, income and savings, children, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

2077 · age 87**Mixed****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 2** (patience and partnerships)

The whole year runs under Mercury mahadasha with Saturn antardasha. The Saturn sub-period brings Saturn, lord of your 6th and 7th placed in the 5th (children, intelligence and romance) into focus; for your chart this is a mixed influence layered on the broader Mercury story of communication, business and expenses. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Sagittarius (4th from Moon). Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates.

Health. Stress shows up in the body; manage joints, back, teeth and chronic fatigue with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Mercury–Saturn: marriage, career moves, income and savings, children, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2078 · age 88**Tough****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 3** (growth and expression)

The whole year runs under Mercury mahadasha with Saturn antardasha. The Mercury–Saturn combination continues from last year, so its themes (duty, discipline and long-term results) keep developing. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Sagittarius (4th from Moon).

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. Moderate health care needed: joints, back, teeth and chronic fatigue may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 5th house: stomach and upper abdomen. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Mercury–Saturn: marriage, career moves, income and savings, children, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2079 · age 89**Mixed****Health sensitivity: Low · Career sensitivity: High · Personal year 4** (hard work and foundations)

Periods: Mercury–Saturn, then Ketu–Ketu, then Ketu–Venus. The Venus sub-period brings Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a testing influence layered on the broader Ketu story of detachment and inner growth. A new chapter opens: Ketu mahadasha begins in March 2079 and runs to March 2086. Jupiter moves through Sagittarius (4th from your Moon, 5th from lagna), Saturn through Capricorn (5th from Moon).

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Some health ups and downs around kidneys, urinary and reproductive health; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Ketu: fevers, skin, sudden minor injuries and unexplained pains; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Mercury–Saturn until Mar: marriage, career moves, income and savings, children, foreign travel, business and partnerships; Ketu–Ketu from Mar: marriage, career moves, income and savings, children; Ketu–Venus from Aug: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2080 · age 90**Good****Health sensitivity: Low · Career sensitivity: High · Personal year 5** (change and travel)

Periods: Ketu–Venus, then Ketu–Sun. Venus's sub-period carries on; what began last year around comforts and relationships matures now. Jupiter moves through Capricorn (5th from your Moon, 6th from lagna), Saturn through Capricorn (5th from Moon). Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates.

Health. Stress shows up in the body; manage kidneys, urinary and reproductive health with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Ketu: fevers, skin, sudden minor injuries and unexplained pains; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Saturn transiting your 6th house: digestion and intestines; Jupiter transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Ketu–Venus until Oct: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships; Ketu–Sun from Oct: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2081 · age 91**Good****Health sensitivity: Low · Career sensitivity: Low · Personal year 6** (family and responsibility)

Periods: Ketu–Sun, then Ketu–Moon, then Ketu–Mars. The Moon sub-period brings Moon, lord of your 12th placed in the 2nd (money, family and speech) into focus; for your chart this is a testing influence layered on the broader Ketu story of detachment and inner growth. Jupiter moves through Aquarius (6th from your Moon, 7th from lagna), Saturn through Capricorn (5th from Moon).

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. Moderate health care needed: mind, sleep, fluids and chest may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Ketu: fevers, skin, sudden minor injuries and unexplained pains; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Mars: blood pressure, acidity, inflammation, injuries and cuts; Saturn transiting your 6th house: digestion and intestines. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Ketu–Sun until Feb: no strong KP activation, a period for routine and consolidation; Ketu–Moon from Feb: no strong KP activation, a period for routine and consolidation; Ketu–Mars from Sep: home, vehicle or property, foreign travel.

Tip. Traditional remedy for this period: keep Mondays simple, meditate and respect your mother.

2082 · age 92**Good****Health sensitivity: Moderate · Career sensitivity: Low · Personal year 7** (reflection and rest)

Periods: Ketu–Mars, then Ketu–Rahu. The Rahu sub-period brings Rahu, placed in your 6th house (health, debts and competition) into focus; for your chart this is a mixed influence layered on the broader Ketu story of detachment and inner growth. Jupiter moves through Aries (8th from your Moon, 9th from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Some health ups and downs around anxiety, allergies and hard-to-diagnose complaints; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Ketu: fevers, skin, sudden minor injuries and unexplained pains; Mars: blood pressure, acidity, inflammation, injuries and cuts; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Ketu–Mars until Feb: home, vehicle or property, foreign travel; Ketu–Rahu from Feb: marriage, career moves, income and savings, children.

Tip. Traditional remedy for this period: avoid shortcuts and intoxicants; Durga worship is traditional.

2083 · age 93**Good****Health sensitivity: High · Career sensitivity: Low · Personal year 8** (money and authority)

Periods: Ketu–Rahu, then Ketu–Jupiter. The Jupiter sub-period brings Jupiter, lord of your 5th and 8th placed in the 12th (expenses, foreign lands, sleep and spirituality) into focus; for your chart this is a mixed influence layered on the broader Ketu story of detachment and inner growth. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Aquarius (6th from Moon). Saturn's transit is supportive this year, rewarding steady effort with concrete results. Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates.

Health. Take health seriously this year, especially serious or long-term conditions (traditionally 8th-house matters). Avoid overwork and risky travel or driving. Gentle exercise, fall prevention and regular medicines matter more than ever.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Ketu: fevers, skin, sudden minor injuries and unexplained pains; Rahu: hard-to-diagnose complaints, allergies and food reactions, anxiety; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn transiting your 7th house: lower abdomen and kidneys. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Ketu–Rahu until Mar: marriage, career moves, income and savings, children; Ketu–Jupiter from Mar: marriage, career moves, income and savings, children, business and partnerships.

Tip. Traditional remedy for this period: respect teachers, donate to education on Thursdays.

2084 · age 94**Mixed****Health sensitivity: High · Career sensitivity: High · Personal year 9** (completion and letting go)

Periods: Ketu–Jupiter, then Ketu–Saturn. The Saturn sub-period brings Saturn, lord of your 6th and 7th placed in the 5th (children, intelligence and romance) into focus; for your chart this is a mixed influence layered on the broader Ketu story of detachment and inner growth. Jupiter moves through Taurus (9th from your Moon, 10th from lagna), Saturn through Pisces (7th from Moon). Jupiter is well placed from your Moon, which softens problems and opens doors.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. A health-sensitive year. Get a full check-up early in the year; joints, back, teeth and chronic fatigue need the most care. Gentle exercise, fall prevention and regular medicines matter more than ever.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Ketu: fevers, skin, sudden minor injuries and unexplained pains; Jupiter (8th lord): liver, cholesterol and fat, blood sugar, weight gain; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Saturn transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Ketu–Jupiter until Feb: marriage, career moves, income and savings, children, business and partnerships; Ketu–Saturn from Feb: career moves, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: serve the elderly or labourers and light a sesame lamp on Saturdays.

2085 · age 95**Mixed****Health sensitivity: Moderate · Career sensitivity: High · Personal year 1** (new beginnings)

Periods: Ketu–Saturn, then Ketu–Mercury. The Mercury sub-period brings Mercury, lord of your 2nd and 11th placed in the 1st (self, body and confidence) into focus; for your chart this is a mixed influence layered on the broader Ketu story of detachment and inner growth. Jupiter moves through Gemini (10th from your Moon, 11th from lagna), Saturn through Pisces (7th from Moon).

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Some health ups and downs around minor injuries, viral fevers and skin eruptions; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Ketu: fevers, skin, sudden minor injuries and unexplained pains; Saturn (6th lord, 7th lord): chronic and slow-developing conditions, joints, back, teeth, fatigue and low mood; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Saturn transiting your 8th house: reproductive and excretory organs. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Ketu–Saturn until Mar: career moves, foreign travel, business and partnerships; Ketu–Mercury from Mar: marriage, career moves, income and savings, children, home, vehicle or property.

Tip. Traditional remedy for this period: donate green moong on Wednesdays and keep accounts clean.

2086 · age 96**Mixed****Health sensitivity: Low · Career sensitivity: Very high · Personal year 2** (patience and partnerships)

Periods: Ketu–Mercury, then Venus–Venus. The Venus period begins, activating Venus, lord of your 3rd and 10th placed in the 12th (expenses, foreign lands, sleep and spirituality). The main themes are comforts, vehicles, romance, arts and luxury. A new chapter opens: Venus mahadasha begins in March 2086 and runs to March 2106. Jupiter moves through Cancer (11th from your Moon, 12th from lagna), Saturn through Pisces (7th from Moon). Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates. Transit to the 11th from Moon is a classic gains signal: income and network both grow.

Health. Stress shows up in the body; manage kidneys, urinary and reproductive health with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Ketu: fevers, skin, sudden minor injuries and unexplained pains; Mercury (2nd lord): nerves, skin allergies, breathing and speech, anxiety; Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 8th house: reproductive and excretory organs; Jupiter transiting your 12th house: feet, sleep and eyes. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Ketu–Mercury until Mar: marriage, career moves, income and savings, children, home, vehicle or property; Venus–Venus from Mar: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2087 · age 97**Tough****Health sensitivity: Moderate · Career sensitivity: High · Personal year 3** (growth and expression)

The whole year runs under Venus mahadasha with Venus antardasha. The Venus-Venus combination continues from last year, so its themes (comforts and relationships) keep developing. Jupiter moves through Leo (12th from your Moon, 1st from lagna), Saturn through Aries (8th from Moon). Saturn is 8th from your Moon (Ashtama Shani): expect obstacles, delays and fatigue; avoid risky bets and keep health checks regular. Jupiter's transit is weak from your Moon, so guard savings and avoid overcommitting.

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. Moderate health care needed: kidneys, urinary and reproductive health may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 9th house: hips and thighs. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Venus-Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Why this year is rated tough: Money: Transits through the 2nd, 8th or 12th from the Moon, or periods of the 8th/12th lord: expenses and money blockages. No lending, guarantees or speculative trading; keep an emergency fund; delay big purchases.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2088 · age 98**Challenging****Health sensitivity: Low · Career sensitivity: High · Personal year 4** (hard work and foundations)

The whole year runs under Venus mahadasha with Venus antardasha. Still in Venus-Venus: expect continuity rather than a fresh start in comforts and relationships. Jupiter moves through Virgo (1st from your Moon, 2nd from lagna), Saturn through Aries (8th from Moon). Saturn is 8th from your Moon (Ashtama Shani): expect obstacles, delays and fatigue; avoid risky bets and keep health checks regular.

Work, studies and money. A good time to pass on knowledge, advise younger people or take an honorary role.

Health. Some health ups and downs around kidneys, urinary and reproductive health; don't ignore small symptoms.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Saturn transiting your 9th house: hips and thighs. Keep up regular medical check-ups.

Family, marriage and children. Spiritual pursuits and pilgrimages with family are favoured.

KP view. Venus-Venus: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships.

Tip. Traditional remedy: Saturn (Shani) worship on Saturdays, Hanuman Chalisa and service to the needy.

2089 · age 99**Good****Health sensitivity: Low · Career sensitivity: Moderate · Personal year 5** (change and travel)

Periods: Venus-Venus, then Venus-Sun. Venus's sub-period carries on; what began last year around comforts and relationships matures now. Jupiter moves through Libra (2nd from your Moon, 3rd from lagna), Saturn through Taurus (9th from Moon). Grace from Jupiter's transit helps family and finances.

Work, studies and money. Pension, savings and property matters need orderly paperwork; consider a will or nominee updates.

Health. Stress shows up in the body; manage kidneys, urinary and reproductive health with diet and rest.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Family looks after you; keep communication open and avoid property disputes.

KP view. Venus-Venus until Jul: marriage, career moves, income and savings, children, home, vehicle or property, foreign travel, business and partnerships; Venus-Sun from Jul: no strong KP activation, a period for routine and consolidation.

Tip. Traditional remedy for this period: keep relationships honest and donate white sweets on Fridays.

2090 · age 100

Mixed

Health sensitivity: Low · Career sensitivity: Moderate · Personal year 6 (family and responsibility)

Periods: Venus–Sun, then Venus–Moon. The Sun sub-period brings Sun, lord of your 1st placed in the 1st (self, body and confidence) into focus; for your chart this is a supportive influence layered on the broader Venus story of comforts and relationships. Jupiter moves through Scorpio (3rd from your Moon, 4th from lagna), Saturn through Taurus (9th from Moon).

Work, studies and money. Finances stay stable if investments are kept simple; avoid lending to relatives.

Health. Moderate health care needed: kidneys, urinary and reproductive health may need attention. Regular check-ups and sleep matter.

Body areas to watch (classically linked to this year's planets; not a diagnosis): Venus: kidneys, urinary tract, hormones, reproductive organs and blood sugar; Sun: heart, blood pressure, eyes, bones, fevers and low vitality; Moon (12th lord): sleep, anxiety and mood, fluid retention, coughs and colds, chest; Saturn transiting your 10th house: knees and joints. Keep up regular medical check-ups.

Family, marriage and children. Grandchildren and extended family bring joy; enjoy simple routines.

KP view. Venus–Sun until Jul: no strong KP activation, a period for routine and consolidation; Venus–Moon from Jul: career moves.

Tip. Traditional remedy for this period: offer water to the Sun at sunrise and respect your father/elders.

8. KP astrology (Krishnamurti Paddhati)

KP is a modern refinement of Vedic astrology, created by Prof. K. S. Krishnamurti. It divides every nakshatra into nine unequal **sub** parts and judges each matter by the **sub lord** of the related house cusp: the cusp sub lord decides whether a matter is promised at all, and the dasha periods of its significators decide when it happens. Houses are measured with the Placidus system and the KP ayanamsa (23°37'), so planets can sit in a different house here than in the Parashari chart in section 1. This chapter gives the full KP analysis, and every year in section 7 also carries a KP reading.

Birth time matters more in KP. A sub lord changes every few minutes of birth time, especially for the Ascendant and the house cusps. If your recorded time is approximate, read KP as a second opinion and give more weight to the Parashari chapters, which are much less sensitive to small time errors. Where you supplied life events, the 'KP check' in 'Life events on record' is the best test of the birth time.

Planets: star, sub and sub-sub lords

Planet	Position	Nakshatra (pada)	Star lord	Sub lord	Sub-sub	KP house	Signifies
Sun	Leo 6°01'16"	Magha 2	Ketu	Rahu	Jupiter	12	1, 12
Moon	Vir 6°37'12"	Uttara Phalguni 3	Sun	Mercury	Jupiter	2	1, 2, 12
Mars	Tau 1°57'52"	Krittika 2	Sun	Jupiter	Mercury	9	1, 4, 9, 12
Mercury	Leo 29°38'02"	Uttara Phalguni 1	Sun	Rahu	Jupiter	1	1, 2, 11, 12
Jupiter	Can 7°21'41"	Pushya 2	Saturn	Ketu	Ketu	11	5, 6, 7, 8, 11
Venus	Can 17°30'47"	Ashlesha 1	Mercury	Mercury	Moon	12	1, 2, 3, 10, 11, 12
Saturn	Sag 25°50'17"	Purva Ashadha 4	Venus	Mercury	Saturn	5	3, 5, 6, 7, 10, 12
Rahu	Cap 12°26'09"	Shravana 1	Moon	Rahu	Jupiter	6	2, 5, 6, 7, 12
Ketu	Can 12°26'09"	Pushya 3	Saturn	Mars	Saturn	12	2, 5, 6, 7, 12

House cusps (Placidus)

Cusp	Position	Nakshatra (pada)	Sign lord	Star lord	Sub lord	Sub-sub lord
Ascendant (1)	Leo 9°38'47"	Magha 3	Sun	Ketu	Saturn	Saturn
2	Vir 5°54'48"	Uttara Phalguni 3	Mercury	Sun	Mercury	Moon
3	Lib 5°52'01"	Chitra 4	Venus	Mars	Moon	Rahu
4	Sco 7°59'47"	Anuradha 2	Mars	Saturn	Ketu	Saturn
5	Sag 10°05'58"	Mula 4	Jupiter	Ketu	Saturn	Venus
6	Cap 10°49'41"	Shravana 1	Saturn	Moon	Moon	Ketu
7	Aqu 9°38'47"	Shatabhisha 1	Saturn	Rahu	Jupiter	Venus
8	Pis 5°54'48"	Uttara Bhadrapada 1	Jupiter	Saturn	Mercury	Venus
9	Ari 5°52'01"	Ashwini 2	Mars	Ketu	Rahu	Jupiter
10	Tau 7°59'47"	Krittika 4	Venus	Sun	Venus	Venus
11	Gem 10°05'58"	Ardra 2	Mercury	Rahu	Jupiter	Mars
12	Can 10°49'41"	Pushya 3	Moon	Saturn	Sun	Mercury

A planet **signifies** the houses occupied and owned by its star lord (strongest) and the houses it occupies and owns itself. Rahu and Ketu also carry the results of their sign lord.

House signifiers (four levels)

KP ranks the planets connected to each house from strongest (A) to weakest (D). A planet in level A or B gives that house's results most clearly in its periods.

House	A: in star of occupants	B: occupants	C: in star of owner	D: owner
1	Venus	Mercury	Moon, Mars, Mercury	Sun
2	Rahu	Moon	Venus	Mercury
3	–	–	Saturn	Venus
4	–	–	–	Mars
5	Jupiter, Ketu	Saturn	–	Jupiter
6	–	Rahu	Jupiter, Ketu	Saturn
7	–	–	Jupiter, Ketu	Saturn
8	–	–	–	Jupiter
9	–	Mars	–	Mars
10	–	–	Saturn	Venus
11	–	Jupiter	Venus	Mercury
12	Sun, Moon, Mars, Mercury, Saturn	Sun, Venus, Ketu	Rahu	Moon

Ruling planets at birth

The ruling planets of the birth moment are used in KP to confirm the birth time and to pick the periods that act first. **Day lord:** Jupiter; **Ascendant sign lord:** Sun; **Ascendant star lord:** Ketu; **Moon sign lord:** Mercury; **Moon star lord:** Sun. Sun appears more than once and is the strongest.

All twelve cusp sub lords

Each cusp sub lord shows how that house works in your life. When it signifies its own house and the 2nd or 11th from it, that house gives clear results.

House	Matters	Cusp sub lord	Sub lord signifies	KP reading
1	Self, health and vitality, personality	Saturn	3, 5, 6, 7, 10, 12	Directs this house mainly towards siblings; children; service
2	Family, speech, savings and income	Mercury	1, 2, 11, 12	Strongly supports this house
3	Siblings, courage, writing, short travel	Moon	1, 2, 12	Supports this house
4	Home, mother, vehicles, property, basic education	Ketu	2, 5, 6, 7, 12	Supports this house
5	Children, romance, creativity, studies, speculation	Saturn	3, 5, 6, 7, 10, 12	Strongly supports this house
6	Service, jobs, competition, loans, overcoming rivals	Moon	1, 2, 12	Directs this house mainly towards self; family; expenses
7	Marriage, partnerships, business dealings	Jupiter	5, 6, 7, 8, 11	Strongly supports this house
8	Sudden changes, inheritance, research, obstacles	Mercury	1, 2, 11, 12	Directs this house mainly towards self; family; gains
9	Fortune, father, higher learning, long journeys, dharma	Rahu	2, 5, 6, 7, 12	Supports this house
10	Career, status, authority, profession	Venus	1, 2, 3, 10, 11, 12	Strongly supports this house
11	Gains, fulfilment of wishes, friends, elder siblings	Jupiter	5, 6, 7, 8, 11	Supports this house
12	Expenses, foreign lands, investment, rest and spirituality	Sun	1, 12	Strongly supports this house

What the cusp sub lords promise

In KP a matter happens in life only if the sub lord of its house cusp signifies the supporting houses. The table gives the verdict and the planets whose periods deliver it.

Matter	Cusp sub lord	Signifies (supports)	KP reading	Key planets
Marriage (7th)	Jupiter	5, 6, 7, 8, 11 (2, 7, 11)	Strongly promised	Venus, Jupiter, Rahu, Ketu
Job and career growth (10th)	Venus	1, 2, 3, 10, 11, 12 (2, 6, 10, 11)	Strongly promised	Venus, Jupiter, Saturn, Rahu
Savings and income (2nd)	Mercury	1, 2, 11, 12 (2, 6, 11)	Strongly promised	Venus, Jupiter, Rahu, Ketu
Children (5th)	Saturn	3, 5, 6, 7, 10, 12 (2, 5, 11)	Promised, with effort or some delay	Venus, Jupiter, Rahu, Ketu
Home, vehicle and property (4th)	Ketu	2, 5, 6, 7, 12 (4, 11, 12)	Promised, with effort or some delay	Mars, Mercury, Venus, Sun
Higher education (9th)	Rahu	2, 5, 6, 7, 12 (4, 9, 11)	Less direct: comes through steady effort, often later	Venus
Foreign travel or settlement (12th)	Sun	1, 12 (3, 9, 12)	Promised, with effort or some delay	Saturn, Mars, Sun, Moon
Business and partnerships (7th)	Jupiter	5, 6, 7, 8, 11 (7, 10, 11)	Promised	Jupiter, Venus, Saturn, Ketu
General vitality (1st)	Saturn	3, 5, 6, 7, 10, 12 (1, 5, 11)	Steady vitality; keep regular check-ups	Venus, Mercury, Jupiter, Moon

Marriage

The 7th cusp sub lord is **Jupiter**. It signifies houses 5, 6, 7, 8, 11, of which 7, 11 support marriage, while house 6 works against it. KP reading: **strongly promised**. The planets that carry this matter most strongly are Venus, Jupiter, Rahu, Ketu; their dasha, antardasha and pratyantardasha periods are when it moves.

Job and career growth

The 10th cusp sub lord is **Venus**. It signifies houses 1, 2, 3, 10, 11, 12, of which 2, 10, 11 support job and career growth, while house 12 works against it. KP reading: **strongly promised**. The planets that carry this matter most strongly are Venus, Jupiter, Saturn, Rahu; their dasha, antardasha and pratyantardasha periods are when it moves.

Savings and income

The 2nd cusp sub lord is **Mercury**. It signifies houses 1, 2, 11, 12, of which 2, 11 support savings and income, while house 12 works against it. KP reading: **strongly promised**. The planets that carry this matter most strongly are Venus, Jupiter, Rahu, Ketu; their dasha, antardasha and pratyantardasha periods are when it moves.

Children

The 5th cusp sub lord is **Saturn**. It signifies houses 3, 5, 6, 7, 10, 12, of which house 5 supports children, while house 10 works against it. KP reading: **promised, with effort or some delay**. The planets that carry this matter most strongly are Venus, Jupiter, Rahu, Ketu; their dasha, antardasha and pratyantardasha periods are when it moves.

Home, vehicle and property

The 4th cusp sub lord is **Ketu**. It signifies houses 2, 5, 6, 7, 12, of which house 12 supports home, vehicle and property, while house 5 works against it. KP reading: **promised, with effort or some delay**. The planets that carry this matter most strongly are Mars, Mercury, Venus, Sun; their dasha, antardasha and pratyantardasha periods are when it moves.

Higher education

The 9th cusp sub lord is **Rahu**. It signifies houses 2, 5, 6, 7, 12, none of which are the main supporting houses, while house 12 works against it. KP reading: **less direct: comes through steady effort, often later**. The planets that carry this matter most strongly are Venus; their dasha, antardasha and pratyantardasha periods are when it moves.

Foreign travel or settlement

The 12th cusp sub lord is **Sun**. It signifies houses 1, 12, of which house 12 supports foreign travel or settlement. KP reading: **promised, with effort or some delay**. The planets that carry this matter most strongly are Saturn, Mars, Sun, Moon; their dasha, antardasha and pratyantardasha periods are when it moves.

Business and partnerships

The 7th cusp sub lord is **Jupiter**. It signifies houses 5, 6, 7, 8, 11, of which 7, 11 support business and partnerships, while houses 5, 8 work against it. KP reading: **promised**. The planets that carry this matter most strongly are Jupiter, Venus, Saturn, Ketu; their dasha, antardasha and pratyantardasha periods are when it moves.

Health in KP is read only as general vitality from the Ascendant sub lord. It is not a diagnosis; see a doctor for any health concern and keep regular check-ups.

When: KP timing windows

KP times an event to the periods whose lords signify the supporting houses. These windows use the same Vimshottari dasha dates as section 4. Events usually happen when a window meets supportive transits in the year-by-year section.

Matter	Favourable periods in the next 25 years (mahadasha-antardasha)
Marriage	Jupiter-Jupiter (Mar 2027 – May 2029); Jupiter-Mercury to Jupiter-Venus (Nov 2031 – Sep 2037); Jupiter-Moon (Jul 2038 – Nov 2039); Jupiter-Rahu (Oct 2040 – Mar 2043); Saturn-Mercury to Saturn-Venus (Mar 2046 – Mar 2053)
Job and career growth	Jupiter-Jupiter to Jupiter-Venus (Mar 2027 – Sep 2037); Jupiter-Moon (Jul 2038 – Nov 2039); Jupiter-Rahu to Saturn-Venus (Oct 2040 – Mar 2053)
Savings and income	Jupiter-Jupiter (Mar 2027 – May 2029); Jupiter-Mercury to Jupiter-Venus (Nov 2031 – Sep 2037); Jupiter-Moon (Jul 2038 – Nov 2039); Jupiter-Rahu (Oct 2040 – Mar 2043); Saturn-Mercury to Saturn-Venus (Mar 2046 – Mar 2053)
Children	Jupiter-Jupiter (Mar 2027 – May 2029); Jupiter-Mercury to Jupiter-Venus (Nov 2031 – Sep 2037); Jupiter-Moon (Jul 2038 – Nov 2039); Jupiter-Rahu (Oct 2040 – Mar 2043); Saturn-Mercury to Saturn-Venus (Mar 2046 – Mar 2053)
Home, vehicle and property	Rahu-Mars (Feb 2026 – Mar 2027); Jupiter-Mercury (Nov 2031 – Feb 2034); Jupiter-Venus (Jan 2035 – Sep 2037); Jupiter-Mars (Nov 2039 – Oct 2040); Saturn-Mercury (Mar 2046 – Nov 2048)
Foreign travel or settlement	Rahu-Mars (Feb 2026 – Mar 2027); Saturn-Saturn (Mar 2043 – Mar 2046); Saturn-Venus (Jan 2050 – Mar 2053)
Business and partnerships	Jupiter-Jupiter to Jupiter-Saturn (Mar 2027 – Nov 2031); Jupiter-Venus (Jan 2035 – Sep 2037); Saturn-Saturn to Saturn-Mercury (Mar 2043 – Nov 2048); Saturn-Venus (Jan 2050 – Mar 2053)

Fine timing: pratyantardasha

Within a favourable antardasha, KP narrows the date to the pratyantardasha (sub-sub period) whose lord also signifies the matter. These are the most likely stretches for the event itself.

Matter	Sharpest dates in the next 5 years (dasha-antardasha-pratyantardasha)
Marriage	Jupiter-Jupiter-Jupiter (17 Mar 2027 – 29 Jun 2027); Jupiter-Jupiter-Mercury (30 Oct 2027 – 17 Feb 2028); Jupiter-Jupiter-Ketu (17 Feb 2028 – 03 Apr 2028); Jupiter-Jupiter-Venus (03 Apr 2028 – 11 Aug 2028); Jupiter-Jupiter-Rahu (07 Jan 2029 – 04 May 2029)
Job and career growth	Jupiter-Jupiter-Jupiter (17 Mar 2027 – 29 Jun 2027); Jupiter-Jupiter-Saturn (29 Jun 2027 – 30 Oct 2027); Jupiter-Jupiter-Mercury (30 Oct 2027 – 17 Feb 2028); Jupiter-Jupiter-Ketu (17 Feb 2028 – 03 Apr 2028); Jupiter-Jupiter-Venus (03 Apr 2028 – 11 Aug 2028); Jupiter-Jupiter-Rahu (07 Jan 2029 – 04 May 2029)
Savings and income	Jupiter-Jupiter-Jupiter (17 Mar 2027 – 29 Jun 2027); Jupiter-Jupiter-Mercury (30 Oct 2027 – 17 Feb 2028); Jupiter-Jupiter-Ketu (17 Feb 2028 – 03 Apr 2028); Jupiter-Jupiter-Venus (03 Apr 2028 – 11 Aug 2028); Jupiter-Jupiter-Rahu (07 Jan 2029 – 04 May 2029)
Children	Jupiter-Jupiter-Jupiter (17 Mar 2027 – 29 Jun 2027); Jupiter-Jupiter-Mercury (30 Oct 2027 – 17 Feb 2028); Jupiter-Jupiter-Ketu (17 Feb 2028 – 03 Apr 2028); Jupiter-Jupiter-Venus (03 Apr 2028 – 11 Aug 2028); Jupiter-Jupiter-Rahu (07 Jan 2029 – 04 May 2029)
Home, vehicle and property	Rahu-Mars-Mercury (06 Sep 2026 – 30 Oct 2026); Rahu-Mars-Venus (22 Nov 2026 – 25 Jan 2027)
Foreign travel or settlement	Rahu-Mars-Venus (22 Nov 2026 – 25 Jan 2027)
Business and partnerships	Jupiter-Jupiter-Jupiter (17 Mar 2027 – 29 Jun 2027); Jupiter-Jupiter-Saturn (29 Jun 2027 – 30 Oct 2027); Jupiter-Jupiter-Venus (03 Apr 2028 – 11 Aug 2028); Jupiter-Saturn-Saturn (04 May 2029 – 27 Sep 2029); Jupiter-Saturn-Venus (31 Mar 2030 – 02 Sep 2030); Jupiter-Saturn-Jupiter (15 Jul 2031 – 15 Nov 2031)

9. Birth panchang, avakahada chakra and navamsa

Panchang at birth	
Weekday (vara)	Thursday (Guruvara)
Samvatsara / masa	Pramoda, Bhadrapada (amanta)
Tithi	Shukla Tritiya
Nakshatra	Uttara Phalguni, pada 3
Yoga	Sadhya
Karana	Garaja
Sunrise at birthplace	05:58 local time
Atmakaraka (highest degree)	Mercury

Avakahada chakra	
Rasi / lord	Virgo / Mercury
Nakshatra lord	Sun
Varna	Vaishya
Vashya	Manava (human)
Yoni	Go (cow)
Gana	Manushya (human)
Nadi	Adi
Tatva	Earth (Virgo)
Name letter (pada 3)	Pa
Paya	Silver

Pis	Ari Ra	Tau Su	Gem Asc
Aqu Mo	Navamsa (D9) Lahiri · whole sign		Can
Cap Ma			Leo
Sag Me Ve	Sco Sa(R)	Lib Ke	Vir Ju

Planet	Navamsa	Note
Sun	Taurus	
Moon	Aquarius	
Mars	Capricorn	Exalted in D9
Mercury	Sagittarius	
Jupiter	Virgo	
Venus	Sagittarius	
Saturn	Scorpio	
Rahu	Aries	
Ketu	Libra	

The navamsa shows the strength behind each planet and the quality of marriage. Planets strong in navamsa (Mars) deliver more than their birth-chart position suggests. Your 7th lord Saturn is in Scorpio and Venus in Sagittarius in the navamsa, which colour the nature of marriage.

10. Doshas and their remedies

Every classical dosha was checked against your chart. Those not present are listed too, so nothing needs a separate search.

Dosha	Status	Why	Traditional remedy
Mangal (Kuja) dosha	Not present	Mars is not in a dosha house.	No remedy needed.
Kaal Sarp dosha	Not present	The planets lie on both sides of the Rahu-Ketu axis, so the yoga does not form.	No remedy needed.
Sade Sati	Periodic	Saturn in Leo, Virgo or Libra (12th, 1st and 2nd from your Moon): next Aug 2036 to Sep 2044.	Saturday Hanuman Chalisa; Shani stotra; light a sesame-oil lamp; donate black urad and sesame; serve elders and labourers; avoid shortcuts.
Ashtama Shani	Periodic	Saturn in Aries, 8th from your Moon: next Jun 2027 to Apr 2030.	Same as Sade Sati, plus regular health check-ups and no risky investments or lending during this phase.
Pitru dosha	Not present	The Sun and the 9th house are free of Rahu, Ketu and Saturn.	Traditional Amavasya tarpanam for ancestors is still good practice.
Guru Chandal dosha	Present	Jupiter is with Ketu.	Worship of Ganesha; Jupiter's remedy: Dakshinamurthy / Guru stotra.
Grahan (Sun) dosha	Not present	Sun is not with Rahu or Ketu.	No remedy needed.
Grahan (Moon) dosha	Not present	Moon is not with Rahu or Ketu.	No remedy needed.
Shrapit dosha	Not present	Saturn is not with Rahu.	No remedy needed.
Angarak dosha	Not present	Mars is not with Rahu or Ketu.	No remedy needed.
Kemadruma dosha	Not present	Mercury sits beside or with the Moon, which prevents Kemadruma.	No remedy needed.
Badhaka (obstruction)	Note	For a fixed lagna the 9th lord is the badhaka. Mars rules your 9th and sits in the 10th, so its matters can arrive with hurdles or through others.	Hanuman Chalisa; Subramanya worship; donate red lentils, jaggery, red cloth on Tuesdays.

11. Gemstones and rudraksha

Stones are chosen from the functional benefics for a Leo lagna. Wear only after testing for a week (keep it under your pillow or wear loosely) and stop if you feel unsettled. Buy natural, untreated, certified stones.

Stone	Planet	Advice	Weight	Metal / finger	Start on
Ruby (Manik)	Sun (1st lord)	Recommended: lagna lord, main life stone for health, confidence and protection	3–5 carats	Gold or copper, ring finger	Sunday morning
Red coral (Moonga)	Mars (4th, 9th lord)	Recommended: yogakaraka, for career, property and success	6–9 carats	Copper or gold, ring finger	Tuesday morning, Shukla paksha
Yellow sapphire (Pukhraj)	Jupiter (5th, 8th lord)	Conditional: also rules the 8th; wear only in its own dasha after a trial	3–5 carats	Gold, index finger	Thursday morning
Pearl (Moti)	Moon (12th lord)	Avoid	–	–	–
Emerald (Panna)	Mercury (2nd, 11th lord)	Avoid	–	–	–
Diamond or white sapphire	Venus (3rd, 10th lord)	Avoid	–	–	–
Blue sapphire (Neelam)	Saturn (6th, 7th lord)	Avoid	–	–	–
Hessonite (Gomed)	Rahu (node)	Avoid unless a specific dasha calls for it	–	–	–
Cat's eye (Lehsunia)	Ketu (node)	Avoid unless a specific dasha calls for it	–	–	–

Energising: wash the ring in raw milk and Ganga water, then chant the planet's mantra 108 times (see section 12) before wearing.

Rudraksha

Rudraksha	Planet	Why
1 or 12 mukhi	Sun	Lagna lord, main life stone for health, confidence and protection
3 mukhi	Mars	Yogakaraka, for career, property and success
5 mukhi	Jupiter	General well-being and calm; safe for everyone, good for daily japa

12. Navagraha mantras and remedies

The count is the traditional full japa for the planet, spread over 40 days or done with a priest. For daily practice, 108 repetitions on the planet's day are enough. Focus first on the current mahadasha and antardasha lords.

Planet	Beej mantra	Full count	Day	Donation	Worship
Sun	Om Hraam Hreem Hraum Sah Suryaya Namah	7,000	Sunday	Wheat, jaggery, copper	Aditya Hridayam; offer water at sunrise
Moon	Om Shraam Shreem Shraum Sah Chandraya Namah	11,000	Monday	Rice, milk, white cloth	Shiva abhishekam with milk
Mars	Om Kraam Kreem Kraum Sah Bhaumaya Namah	10,000	Tuesday	Red lentils, jaggery, red cloth	Hanuman Chalisa; Subramanya worship
Mercury	Om Braam Breem Braum Sah Budhaya Namah	9,000	Wednesday	Green moong, green cloth	Vishnu Sahasranama
Jupiter	Om Graam Greem Graum Sah Gurave Namah	19,000	Thursday	Chana dal, turmeric, yellow cloth	Dakshinamurthy / Guru stotra
Venus	Om Draam Dreem Draum Sah Shukraya Namah	16,000	Friday	Rice, sugar, white clothes, curd	Lakshmi puja; Sri Suktam
Saturn	Om Praam Preem Praum Sah Shanaishcharaya Namah	23,000	Saturday	Sesame, black urad, mustard oil	Hanuman Chalisa; Shani stotra
Rahu	Om Bhraam Bhreem Bhraum Sah Rahave Namah	18,000	Saturday	Blanket, coconut, mustard	Durga Saptashati / Durga Kavacham
Ketu	Om Sraam Sreem Sraum Sah Ketave Namah	17,000	Tuesday	Blanket, sesame, food for dogs	Ganesha worship; Ganapati Atharvashirsha

Navagraha Stotram (Sage Vyasa)

Each planet has its own shloka in the Navagraha Stotram. Recite the shloka of your current mahadasha and antardasha lords 9, 27 or 108 times on the planet's day, after a bath, facing east, with a lamp lit. The whole stotram can be recited daily for general peace from all nine planets.

Sun (Sunday)

जपाकुसुमसंकाशं काश्यपेयं महाद्युतिम् ।
तमोऽरिं सर्वपापघ्नं प्रणतोऽस्मि दिवाकरम् ॥

*japākusuma-saṅkāśaṁ kāśyapeyaṁ mahādyutim |
tamo'riṁ sarva-pāpaghnaṁ praṇato'smi divākaram ||*

I bow to the Sun, the maker of the day, red like the hibiscus flower, son of Kashyapa, of great radiance, the enemy of darkness who removes all wrongs.

Moon (Monday)

दधिशङ्खतुषाराभं क्षीरोदार्णवसम्भवम् ।
नमामि शशिनं सोमं शम्भोर्मुकुटभूषणम् ॥

*dadhi-śaṅkha-tuṣārābhaṁ kṣīrodārṇava-sambhavam |
namāmi śaśinaṁ somam śambhor mukuṭa-bhūṣaṇam ||*

I bow to the Moon, white as curd, conch and snow, born of the ocean of milk, the jewel on Lord Shiva's crown.

Mars (Tuesday)

धरणीगर्भसम्भूतं विद्युत्कान्तिसमप्रभम् ।

कुमारं शक्तिहस्तं तं मङ्गलं प्रणमाम्यहम् ॥

*dharāṇī-garbha-sambhūtaṁ vidyut-kānti-samaprabham |
kumāraṁ śakti-hastaṁ taṁ maṅgalaṁ praṇamāmyaham ||*

I bow to Mars (Mangala), born of the Earth, shining like lightning, the youthful one who holds a spear.

Mercury (Wednesday)

प्रियङ्गुकलिकाश्यामं रूपेणाप्रतिमं बुधम् ।

सौम्यं सौम्यगुणोपेतं तं बुधं प्रणमाम्यहम् ॥

*priyaṅgu-kalikā-śyāmaṁ rūpeṇāpratimaṁ budham |
saumyaṁ saumya-guṇopetaṁ taṁ budhaṁ praṇamāmyaham ||*

I bow to Mercury (Budha), dark like the priyangu bud, of matchless form, gentle and full of gentle virtues.

Jupiter (Thursday)

देवानां च ऋषीणां च गुरुं काञ्चनसन्निभम् ।

बुद्धिभूतं त्रिलोकेशं तं नमामि बृहस्पतिम् ॥

*devānāṁ ca ṛṣīṇāṁ ca guruṁ kāñcana-sannibham |
buddhi-bhūtaṁ trilokeśaṁ taṁ namāmi bṛhaspatim ||*

I bow to Jupiter (Brihaspati), teacher of the gods and sages, golden in colour, wisdom itself, lord of the three worlds.

Venus (Friday)

हिमकुन्दमृणालाभं दैत्यानां परमं गुरुम् ।

सर्वशास्त्रप्रवक्तारं भार्गवं प्रणमाम्यहम् ॥

*hima-kunda-mṛṇālābhaṁ daityānāṁ paramaṁ gurum |
sarva-śāstra-pravaktāraṁ bhārgavaṁ praṇamāmyaham ||*

I bow to Venus (Shukra), white as snow, jasmine and the lotus stalk, the great teacher, expounder of all the sciences.

Saturn (Saturday)

नीलाञ्जनसमाभासं रविपुत्रं यमाग्रजम् ।

छायामार्तण्डसम्भूतं तं नमामि शनैश्चरम् ॥

*nīlāñjana-samābhāsaṁ ravi-putraṁ yamāgrajam |
chāyā-mārtaṇḍa-sambhūtaṁ taṁ namāmi śanaiścaram ||*

I bow to Saturn (Shani), the slow-moving one, dark blue like collyrium, son of the Sun and Chhaya, elder brother of Yama.

Rahu (Saturday)

अर्धकायं महावीर्यं चन्द्रादित्यविमर्दनम् ।

सिंहिकागर्भसम्भूतं तं राहुं प्रणमाम्यहम् ॥

*ardha-kāyaṁ mahā-vīryaṁ candrāditya-vimardanam |
simhikā-garbha-sambhūtaṁ taṁ rāhuṁ praṇamāmyaham ||*

I bow to Rahu, the half-bodied one of great strength, who eclipses the Sun and Moon, born of Simhika.

Ketu (Tuesday)

पलाशपुष्पसंकाशं तारकाग्रहमस्तकम् ।

रौद्रं रौद्रात्मकं घोरं तं केतुं प्रणमाम्यहम् ॥

palāśa-puṣpa-saṅkāśaṁ tārakā-graha-mastakam |

raudraṁ raudrātmakaṁ ghoraṁ taṁ ketuṁ praṇamāmyaham ||

I bow to Ketu, red like the palasha flower, head of the stars and planets, fierce and powerful.

13. Remedies for each mahadasha

उद्धरेदात्मनात्मानं नात्मानमवसादयेत् ।

आत्मैव ह्यात्मनो बन्धुरात्मैव रिपुरात्मनः ॥

uddhared ātmanātmānaṁ nātmānam avasādayet |
ātmaiva hy ātmano bandhur ātmaiva ripur ātmanaḥ ||

Lift yourself by your own effort; do not let yourself sink. You alone are your own friend, and you alone your own enemy. (*Bhagavad Gita* 6.5)

Mahadasha	Period	Main remedy
Sun	Aug 1990 – Mar 1992	Offer water to the Sun daily; Aditya Hridayam; respect your father; avoid ego clashes.
Moon	Mar 1992 – Mar 2002	Shiva abhishekam with milk on Mondays; care for your mother; meditate.
Mars	Mar 2002 – Mar 2009	Hanuman Chalisa on Tuesdays; exercise; control temper; drive carefully.
Rahu	Mar 2009 – Mar 2027	Durga worship; avoid intoxicants and shortcuts; check every contract; keep the home clean; feed birds.
Jupiter	Mar 2027 – Mar 2043	Respect teachers and elders; Thursday fasts or donations of chana dal; teach or mentor others.
Saturn	Mar 2043 – Mar 2062	Saturday Hanuman Chalisa and sesame-oil lamp; serve the elderly; keep discipline in health routines.
Mercury	Mar 2062 – Mar 2079	Vishnu Sahasranama; green moong on Wednesdays; keep accounts and documents in order.
Ketu	Mar 2079 – Mar 2086	Ganesha worship; meditation; feed street dogs; avoid hasty decisions.
Venus	Mar 2086 – Mar 2106	Lakshmi puja on Fridays; respect women in the family; keep habits clean.

Right now (Rahu–Mars): Durga Saptashati / Durga Kavacham on Saturdays, and Hanuman Chalisa; Subramanya worship on Tuesdays.

Shloka for Rahu, to recite daily during this mahadasha:

अर्धकायं महावीर्यं चन्द्रादित्यविमर्दनम् ।

सिंहिकागर्भसम्भूतं तं राहुं प्रणमाम्यहम् ॥

ardha-kāyaṁ mahā-vīryaṁ candrāditya-vimardanam |
simhikā-garbha-sambhūtaṁ taṁ rāhuṁ praṇamāmyaham ||

I bow to Rahu, the half-bodied one of great strength, who eclipses the Sun and Moon, born of Simhika.

14. Numerology

Number	Value	Ruling planet	Meaning
Birth (psychic) number	5	Mercury	Born on the 23rd: quick, witty and adaptable; good at business, communication and travel.
Destiny (life path) number	5 (from 32)	Mercury	Quick, witty and adaptable; good at business, communication and travel.
Name number (Chaldean, 'Priya Sharma')	2 (from 29)	Moon	Gentle, imaginative and diplomatic; works best in partnership. Not among the numbers friendly to your birth number (1, 5, 6). Some numerologists suggest a small spelling change; this is optional and traditional, not essential.

Lucky numbers	1, 5, 6
Lucky dates	1, 5, 6, 10, 14, 15, 19, 23, 24, 28 of any month
Numbers to be careful with	8 for big launches, signing and purchases
Lucky colours (numerology)	Green
Compatible birth numbers	1, 5, 6
Personal year	Shown at the top of every year in section 7

Personal year cycle

Your personal year number for any year = 5 (day) + 8 (month) + the digits of that year, reduced to one digit. It runs in a nine-year cycle: **1** new beginnings; **2** patience and partnerships; **3** growth and expression; **4** hard work and foundations; **5** change and travel; **6** family and responsibility; **7** reflection and rest; **8** money and authority; **9** completion and letting go.

15. Lucky factors, do's and don'ts

Lucky days	Sunday (Sun), Tuesday (Mars)
Lucky colours	Orange and gold (sun), red and coral (mars)
Colours to limit for big occasions	None in particular
Lucky direction	East (fire sign lagna); face east for work and prayer
Lucky metals	Copper, gold
Deities	Surya (Sun, lagna lord); Hanuman and Subramanya (Mars, yogakaraka)
Best fields	Arts, design, fashion, hospitality, luxury goods, entertainment and vehicles
Good periods to start things	Shukla paksha; Sun hora, Mars hora; Pushya, Rohini, Hasta, Anuradha nakshatras
Name letter	Pa (Uttara Phalguni pada 3)

युक्ताहारविहारस्य युक्तचेष्टस्य कर्मसु ।

युक्तस्वप्नावबोधस्य योगो भवति दुःखहा ॥

yuktāhāra-vihārasya yukta-ceṣṭasya karmasu |

yukta-svapnāvabodhasya yogo bhavati duḥkha-hā ||

For one who is moderate in food and recreation, balanced in work, and regular in sleep and waking, yoga removes sorrow. (Bhagavad Gita 6.17)

Your do's and don'ts

Do	Don't	Why (from your chart)
Take up leadership and respect your father and seniors.	Don't let pride or ego spoil relationships at work or home.	Your rising sign (lagna) is Leo
Keep an orderly schedule; it settles your mind.	Don't worry about small things that are out of your hands.	Your Moon sign (rashi) is Virgo, birth star Uttara Phalguni
Try new fields, technology or foreign links, carefully.	Avoid shortcuts, intoxicants, shady deals and get-rich-quick offers.	You are in Rahu mahadasha until Mar 2027
Use the energy for property, sport and bold projects.	Avoid anger, rash driving, disputes and lawsuits.	Sub-period of Mars until Mar 2027
Follow the Venus remedy in the next section every Friday.	Don't rush into relationships or big luxury purchases.	Venus is placed in your 12th house in Cancer

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु मा कश्चिद्दुःखभाग्भवेत् ॥

sarve bhavantu sukhinaḥ sarve santu nirāmayāḥ |

sarve bhadraṇi paśyantu mā kaścid duḥkha-bhāg bhavet ||

May all be happy, may all be free from illness, may all see what is good, and may no one suffer. (Traditional Shanti mantra)